

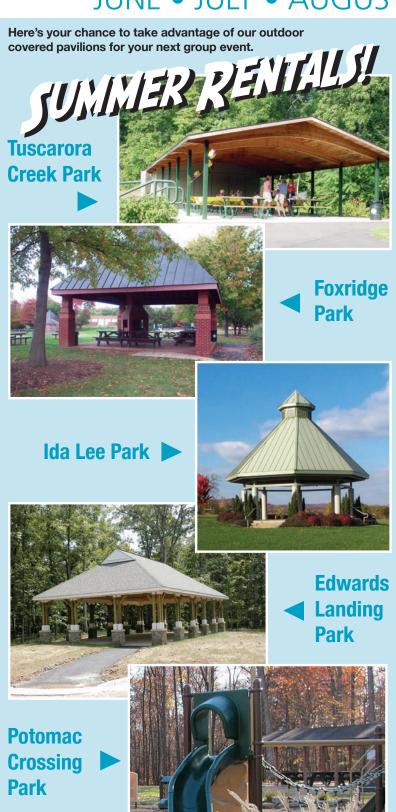
# Page Acoustic on the Green ...... 18 Aquatic Fitness Classes . . . . . . 16 A Room to Grow Preschool . . . . 25 AV Symington Aquatic Center . . 11 Ballapalooza Gym Party . . . . . . 10 Birthday Parties...... 10 Catoctin SkatePark Hours . . . . 20 Community Outreach . . . . . . . . 18 Diving Board/Rock Wall Hours . 12 Dog Park......14 Flag Football League ......27 Gymnastics Academies ..... 32 Gymnastics Classes . . . . . . . . 31 Ida Lee Fees & Passes . . . . . 6 Independence Day Celebration . 44 Indoor Pool Programs...... 8 In The Kitchen Classes......34 Learn-To-Swim Classes . . . . . . . 12 Leesburg Airshow . . . . . . . . . . 29 Martial Arts Classes . . . . . . . . . 30 Meeting Facilities......30 & 37 Memorial Day Celebration . . . . 37 Movies in the Park......35 Nike Basketball Camp ......29 Outdoor Pool Programs . . . . . 7 Outdoor Rentals . . . . . . . 2 & 35 Park Guide . . . . . . . . . . . . . . . . . . 43 Personal Training......19 Racquetball/Pickleball/Wallyball. . 24 Registration Form . . . . . . . 4 Registration Information..... 5 Safety Academy Classes . . . . . 15 Specialty Classes .................33 Sports Academies . . . . . . . . . . 28 Summer Academies . . . . . . . . . 38 Summer Day Camps . . . . . . . . 41 Summer Fun Pass......22

Tennis Academies . . . . . . . . . 24

Lazy River

# summer edition

JUNE • JULY • AUGUST



Call **703-777-1368** or visit **www.idalee.org** for information.

# Town of Leesburg Parks & Recreation

# DEPARTMENT





#### **TOWN COUNCIL**

David S. Butler, Mayor

Kelly Burk,
Vice-Mayor
Thomas S. Dunn, II
Suzanne Fox
R. Bruce Gemmill
Katie Sheldon Hammler
Fernando "Marty" Martinez

Kaj H. Dentler, Town Manager

# PARKS & RECREATION ADVISORY COMMISSION

Rob Fulcer, Chair
Laurie Burke, Vice Chair
David Drupa
Jan Joseph
Brody McCray
Russ Shaw
Clint Walker

Fernando "Marty" Martinez, Council Member

Commission meetings are held on the third Monday of each month, 7:00pm in the Ida Lee Park Recreation Center Conference Room, Leesburg, Virginia.
The public is welcome.

# **Parks and Recreation Staff**

#### **ADMINISTRATION**

Rich Williams, AFO, Director of Parks & Recreation Kate Trask, CPRP, Deputy Director of Parks & Recreation Tabitha Eagle, Administrative Associate David Evans, Systems Technician

#### **PARKS**

Doug Fulcher, *Parks Manager* Jon Cleaves, *Lead Groundskeeper* Travis Martin, *Lead Groundskeeper* 

#### **RECREATION**

Katey Jackson, Recreation Superintendent **Building Services** 

Megan MacDonald, *Building Services Supervisor* Troy Itnyre, *Maintenance Supervisor* Mirsad Gusinac, *Asst. Maintenance Supervisor* 

#### **Aquatics**

TBD, Aquatics Manager
Jodi Fisher, AFO, Aquatics Supervisor
Robin Cousins, AFO, Asst. Aquatics Supervisor
Fitness and Programs

Lisa Hamaker, CPRP, Fitness and Programs Manager Pam Sullivan, Fitness Supervisor

Andrew Kim, Sports & Fitness Supervisor Kemper Winstead, Recreation Programs Supervisor

#### **EVENTS AND COMMUNITY OUTREACH**

Linda Fountain, Events and Outreach Manager Barb Smith, Events Coordinator Tony Conway, Outreach Programs Coordinator Maura Cashen, Preschool Teacher

#### **TENNIS**

Mark Elliott, *Head Tennis Professional* Brian Ott, *Tennis Supervisor* 

# Parks & Recreation Administration:

50 Ida Lee Dr., N.W. Leesburg, VA 20176 703-777-1262 FAX: 703-737-7148



# Ida Lee Park Recreation Center:

60 Ida Lee Dr., N.W. Leesburg, VA 20176 703-777-1368 FAX: 703-737-7165



# Ida Lee Park Tennis Center:

70 Ida Lee Dr., N.W. Leesburg, VA 20176 703-737-6068



# **AV Symington Aquatic Center:**

80 Ida Lee Dr., N.W. Leesburg, VA 20176 703-779-5390

# REGISTRATION DATES:

### **Tuesday, May 3rd**

(8:00am) for Leesburg Residents and Annual Pass Holders. Registration accepted by Fax, WebTrac, Mail-in, or Drop-off only.

### **Tuesday, May 10th**

(8:00am) for Open Registration (Non-Leesburg Residents). Registration accepted by Fax, WebTrac, Mail-in, or Drop-off only.

### **Thursday, May 12th**

for Walk-in, Webtrac, and Phone Registration. Open to all. Registration may still be Faxed or Mailed.

Registration must be received at Ida Lee Park Recreation Center by 8:00am in order to be processed on that day. Any registration received after 8:00am will be processed the following day. For example, registration received at 9:00am on May 3rd will not be processed until May 4th.

May 3rd May 10th **Please Note**  Leesburg Residents & Annual Pass Holders **Open Registration (Non-Leesburg Residents)** 

No Walk-in or Phone-in registration for above dates.

Ш	Change of Address
	New Household
П	Annual Pass Holde

Check all that apply:

May 12th Walk-in, WebTrac, and Phone-in

REGISTRATION ACCEPTED BY
--------------------------

Fax: 703-737-7165 •	WebTrac www.idalee.org	<ul> <li>Drop-off</li> </ul>	• Mail-in •	<ul> <li>60 Ida Lee Drive,</li> </ul>	N.W., Leesburg	, VA 20176
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Address:																							-
City:										State	e:		Zip	Сс	ode	:							-
Home Phone Number: (	)_									_ Work Phone Numb	er: (	)											-
Cell Phone Number: (	)									E-mail Address:													-
Emergency Contact:										Emergency Phone Nu	mber (	)											-
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# file, the receipt will be mailed. 6. FULL PAYMENT must be included with your registration form(s). Payment can be made by credit card (Visa, MasterCard, AMEX, or Discover) or a check.

7. Please send a separate check for EACH program for which you are registering for. If the check you send is greater than the program fee total, your registration will not be processed until separate checks are received.

PAYMENT METHODS:
Credit Card (VISA, Mastercard, Discover)
• Credit Card (American Express)
Exp. Date:
Please make checks payable to <i>The Town of Leesburg</i> .

Give us your e-mail address to receive exciting information about our facilities and programs.

# Registration Reminders & General Information

FEES: Payment must accompany registration. A \$50 fee is charged for returned checks.

**AGE REQUIREMENT:** Participants must meet the age guidelines by the start of the program.

**SENIOR CITIZEN DISCOUNT:** Senior Citizens (60+) will receive a 50% discount on select classes and 20% off the adult daily admission to Ida Lee. No discounts on trips, wellness and fitness specialty classes, tennis classes, bridge classes/socials, or private lessons.

### **REFUND POLICY:**

#### **GENERAL:**

Approved cancellation requests by patrons will be refunded by *credit card* or *check only*. No household credits will be issued. All check refunds will be mailed within three weeks after the request has been processed. Prorated values are calculated based on the remaining classes at the time that the request is received by the department. Additional details below.

#### PROGRAM/LEAGUE/TRIP REFUND POLICY:

- For refund requests submitted less than 14 calendar days prior to the day the program begins, there is a 50% penalty (\$100 max) per program.
- No refunds will be given on or after the day of the first class or the flag football start date without a doctor's note.
- With a doctor's note, medical refunds are only granted if they require a full withdrawal from the remainder of the session. Refunds will be prorated from the last class prior to the injury/illness and before the mid-point of the program.
- Even with a doctor's note, there will be no refunds from the day of the mid-point of the program or after for any reason.
- No refunds will be issued for programs/sessions that have ended.
- No make-ups or refunds are given for missed classes.
- If a program or trip meets only one time, no refunds will be given. Full refunds will be issued if the program/trip is cancelled.

#### CONTRACTED CLASS:

- Contracted classes may impose different refund standards for payments made directly to the provider.
- Payments to the Town of Leesburg for contracted classes follow the refund policies as stated above.
- Paid supply fees are non-refundable.

#### **CAMPS/ACADEMIES:**

- The camp registration fee is non-refundable.
- To obtain a full refund, refund requests must be submitted 14 calendar days prior to the day camps begin. A refund requested less than 14 calendar days prior to the day camps begin, will incur a 50% penalty (\$100 max) per camp session. After the start of the session and prior to the mid-point, refunds will be prorated. There will be no refunds after the mid-point of the program for any reason.
- Full refunds will be issued if a camp program is cancelled. Field trips are non-refundable.
- With a doctor's note, medical refunds are only granted if they require a full withdrawal from the remainder of the session. Refunds will be prorated from the last class prior to the injury/illness and before the mid-point of the program.
- Even with a doctor's note, there will be no refunds from the day of the mid-point of the program or after for any reason.
- · For academies, inclement weather refunds will not be given unless two or more days per session are cancelled.

#### PASSES:

- For passes paid in full, refunds may vary based upon the date of refund request.
- No retro-dated refunds will be honored for any pass type.

#### **AUTOMATIC DEDUCTION PASSES:**

- · Cancellations will be permitted for medical reasons (accompanied with a doctor's note) and for patron's moving out of the area.
- A 30 day written notice is required.
- Cancellations prior to the initial 12 months will be charged a 25% cancellation penalty for the remaining value of the pass which will be billed to the credit card or bank card.

#### **BIRTHDAY PACKAGES & MULTIPURPOSE ROOM RENTAL:**

Refunds will not be issued with less than 14 calendar days notice. Please contact the rental coordinator for the detailed refund policy.

#### PERSONAL TRAINING SESSIONS, PRIVATE TENNIS LESSONS, OR PRIVATE SWIM LESSONS:

For refund details, please contact program area for specifics.

**FINANCIAL AID/SCHOLARSHIPS:** Only Leesburg residents qualify. Forms are available at the front desk of the Recreation Center or for more information, call 703-777-1368.

**WAITLIST:** If you have been placed on a waitlist for a class, you will not be charged to remain on the waitlist. If space becomes available, you will be notified by phone and given direction on how to pay for enrollment.

**RECEIPTS:** Receipts will be emailed unless you specifically ask to have one mailed.

**INCLEMENT WEATHER POLICY:** In the event of inclement weather, please call our information line at 703-737-7166 for class cancellations. If classes are cancelled due to inclement weather, attempts will be made to make up missed classes at the end of the session.

**CANCELLATIONS:** The Parks and Recreation Department reserves the right to cancel a class/special event due to insufficient enrollment. It requires a certain number of participants to justify offering a course and if that minimum is not reached, the course is cancelled. Classes are normally cancelled one week before each session begins. Please REGISTER EARLY!

**MODIFICATIONS:** The Town of Leesburg Parks and Recreation Department is committed to providing recreation for all persons. Advanced notice for program modifications is requested. If transportation assistance is needed, please call Virginia Regional Transit at 703-777-2708. If assistance is needed for the hearing impaired, please call us through the Virginia Relay Center at 1-800-828-1140.

**PHOTOGRAPHIC RELEASE:** By partcipating in programs and using our facilities, you are granting the Town of Leesburg and the Parks and Recreation Department permission to use photographic images of you and/or your minors for marketing purposes.

WAIVER: Participants in programs and activities offered by Leesburg Parks and Recreation agree to indemnify and hold harmless the Town of Leesburg, its employees, and agents from and against any and all liability for any injury which may be suffered by the individual arising out of or in any way connected with participation in the activity(ies).

**LOCATION:** All classes will be held at Ida Lee Park Recreation Center unless otherwise noted in the class description.



# Ida Lee Park

# RECREATION CENTER

# **Admission Fees**

		Leesburg Resident	Non- Resident
Adult	ınder)	\$5.50	\$7.50
Youth (15 and u		\$4.00	\$5.25
Senior Citizen (6		\$4.00	\$5.25
25-ADMISSI	ON COUP	ONS	
Adult		\$121.00	\$160.00
Youth (15 and u		\$93.00	\$123.00
Senior Citizen (6		\$93.00	\$123.00
PASSES			
Single Adult	Annual	\$429.00	\$571.00
	6 Months	\$236.00	\$314.00
	30 Days	\$52.00	\$69.00
Two Adult	Annual	\$803.00	\$1,070.00
	6 Months	\$434.00	\$578.00
	30 Days	\$ 92.00	\$122.00
Family Depende	ent Annual	\$124.00	\$165.00
	6 Months	\$107.00	\$142.00
	30 Days	\$24.00	\$32.00
Single Depende	ent Annual	\$349.00	\$465.00
	6 Months	\$191.00	\$254.00
	30 Days	\$41.00	\$54.00
Family	Annual	\$1,035.00	\$1,379.00
	6 Months	\$565.00	\$753.00
	30 Days	\$115.00	\$153.00
Senior	Annual	\$349.00	\$465.00
	6 Months	\$191.00	\$254.00
	30 Days	\$41.00	\$54.00
Senior Couple	Annual	\$620.00	\$826.00
	6 Months	\$354.00	\$472.00
	30 Days	\$75.00	\$100.00

# AUTOMATIC DEDUCTION AVAILABLE

Visit www.idalee.org or call the Recreation Center at 703-777-1368.

IDA LEE

Our mission is to provide high quality programs, parks, and facilities to meet the diverse needs of all citizens. Our staff is here to help make your visit as

pleasant as possible. We strive to meet all your recreational needs in a clean and friendly environment. Please do not hesitate to contact us if we can be of service to you.

# **Facility Rental Fees**

### **UPPER LEVEL RENTAL AREAS**

	<b>Hourly Rate</b>
Multipurpose Room	\$60
1/2 MP Room	\$25 & \$35
Arts and Crafts Room	\$25
Gym	\$115
1/2 Gym	\$65
Pool Lane	\$18-\$24
Whole Pool (staffing extra)	\$125
Auxiliary Pool (incl. one guard)	\$100

### **LOWER LEVEL MEETING ROOMS**

PRIVATE	Hourly	<b>Six Hour</b>	s Full Day
1000 Sq. Ft. 3000 Sq. Ft.	\$85 \$200	\$345 \$805	(10 hr. max.) \$515 \$1,200
<b>NON-PROFIT</b> 1000 Sq. Ft. 3000 Sq. Ft.	\$60 \$150	\$230 \$575	\$345 \$860

### **Summer Recreation Center Hours**

Monday - Friday 5:00am - 10:00pm Saturday 6:00am - 8:00pm Sunday 7:00am - 8:00pm

#### **POOL HOURS**

### **MAIN POOL**

#### Monday-Friday

5:00am - 9:30pm (Pool closed 9:00am-12:00pm)

#### Saturday

6:00am - 8:00pm (Pool closed 9:00am-12:00pm)

### Sunday

7:00am - 6:00pm

# HOLIDAY FACILITY HOURS

#### July 4th

- Recreation Center
   5:00am 12:00pm
- AV Symington Aquatic Center 12:00 - 4:00pm
- Ida Lee Tennis Center 7:00am - 12:00pm

#### August 20th -

#### September 5th

Annual Closedown; limited facilities available

#### **AUXILIARY POOL**

# Monday & Wednesday

5:30am - 7:30am 7:30am - 8:30am (HP) 12:00pm - 3:00pm

7:00pm - 9:30pm

# Tuesday & Thursday

5:30am - 8:50am (HP) 12:00pm - 3:00pm

7:00pm - 9:30pm

# Friday

5:30am - 7:30am

7:30am - 8:30am (HP)

12:00pm - 9:30pm

#### Saturday

6:00am - 9:00am

12:00pm - 2:00pm (AD)

2:00pm - 8:00pm

#### Sunday

7:00am - 10:00am (AD)

10:00am - 8:00pm

HP – Half Pool AD – Adult Only

# outdoor pool

# swim team • stroke clinics

Visit the AV Symington Aquatic Center for a summer of fun activities and stroke instruction! We have created a series of programs that offer something unique and specialized in the areas of stroke readiness and stroke improvement. These classes do not replace the value of the Learn-to-Swim program, but offer the ability to intensely focus on a particular skill or stroke to gain more confidence in your swimming and have fun along the way! There is something for every age and skill level. Check out what these classes have to offer.

In the case of inclement weather, decisions on swim classes will be made one hour prior to the start of class. Late cancellations may occur due to unpredictable weather conditions. Remember that swim classes may take place even though it may be raining outside. Refunds will only be given if classes are cancelled. Please call **703-737-7166** for inclement weather information. For more information about the cancellation policy, please see page 5.

# **Stroke Clinics**

(Ages 6-14) Each one-day clinic held on Mondays, Tuesdays, and Thursdays will focus on a different stroke and/ or skill through discussion, demonstration, water instruction, and drills. The stroke or skill will be broken down into its elements and each participant will receive feedback on how to make their stroke more efficient. These clinics are intended for those who are already able to swim the stroke, but want to improve. Prerequisite: Must be able to swim at least 25 yards of the stroke of focus. Limited availability – advance registration strongly suggested. All Stroke Clinics are held in the outdoor Lap Pool from 7:00-8:00pm. This is a one-day event and there are no refunds or make-ups.

CODE	DAY	TIME	THEME	DATE	FEE
105801a	MON	7:00pm	Freestyle/Backstroke	6/20	\$12
105801b	TUE	7:00pm	Freestyle/Backstroke	7/5	\$12
105801c	THU	7:00pm	Freestyle/Backstroke	7/21	\$12
105802a	THU	7:00pm	Breaststroke	6/30	\$12
105802b	MON	7:00pm	Breaststroke	7/11	\$12
105802c	TUE	7:00pm	Breaststroke	7/26	\$12
105803a	TUE	7:00pm	Butterfly	6/28	\$12
105803b	THU	7:00pm	Butterfly	7/14	\$12
105803c	MON	7:00pm	Butterfly	7/25	\$12
105804a	TUE	7:00pm	Dives & Turns	6/21	\$12
105804b	MON	7:00pm	Dives & Turns	6/27	\$12
105804c	THU	7:00pm	Dives & Turns	7/7	\$12
105804d	TUE	7:00pm	Dives & Turns	7/12	\$12
105804e	MON	7:00pm	Dives & Turns	7/18	\$12
105804f	THU	7:00pm	Dives & Turns	7/28	\$12
105806a	THU	7:00pm	Breaststroke/Butterfly	6/23	\$12
105806b	TUE	7:00pm	Breaststroke/Butterfly	7/19	\$12

# **Eeliminators Summer Swim Team**

(Ages 5-18) The Team promotes swimming excellence and encourages lifelong participation in swimming - both as a recreational activity and as a form of exercise. The Eeliminators participate in the Old Dominion Summer Swim League. Swim meets will take place on Wednesday evenings and Saturday mornings during the months of June and July. A parent meeting for all swimmers will be held on Thursday, May 19th, at 7:00pm in the lower level social hall at Ida Lee Park Recreation Center. Pre-season afternoon practice will start the first week of June. Practice dates and times will be communicated. Morning practices will be held in the outdoor pool starting June 20th. Prerequisite: Swimmers 8 & under must have completed Swim Level 4 or Advanced Lap Swimmer and swim 25 yards in good form; Swimmers 9 & up must have completed Swim Level 5 and must be able to swim 50 yards in good form. No class 7/4.

24, 45-minute practices/\*24, 30-minute practices.

CODE	DAYS	TIME	DATES	AGES	FEE
401700a	M-F	7:45am	6/20-7/22	9-12	\$100
401710a	M-F	8:30am	6/20-7/22	5-8	\$90*
401720a	M-F	7:00am	6/20-7/22	13-18	\$100





# indoor pool

# classes • activities • programs

Ida Lee Swimming Classes: Please read the descriptions of each class to register for the appropriate skill level. We recommend that you schedule a free swimming assessment if you are unsure of your child's ability level or if this is your first time taking classes at Ida Lee. Please call us at 703-777-1368 to schedule a free swim assessment. Each level is based on a skills progression and may need to be repeated until the student is comfortable enough to progress to the next level.

# **Important Aquatic Program Information:**

- During swim lessons, guardians may watch their children from the bleacher area or the vending area.
- · Patrons accompanying students in aquatics programs must pay general admission fees to use the facility.
- No make-ups or refunds are given for missed lessons due to personal reasons.
- Participants may only register for one Learn-to-Swim class per session.
- Participants must be correct age by the start of class.
- Children under the age of 9 must be accompanied by an adult on the pool deck.
- · Non-potty trained participants must wear snug fitting plastic pants and swim diapers under swim suit - no disposable or cloth diapers.

Learn-To-Swim Session Dates:									
	SESSION A	SESSION B	SESSION C	SESSION D					
Monday-Thursday	6/20-6/30	7/5-7/14	7/18-7/28	8/1-8/11					
Monday/Wednesday	6/20-7/18	N/A	7/20-8/15	N/A					
Tuesday/Thursday	6/21-7/14	N/A	7/21-8/16	N/A					
Saturday	6/18-8/13	N/A	N/A	N/A					
Sunday	6/19-8/14	N/A	N/A	N/A					

\*No Learn-to-Swim classes 7/2-7/4.

# Parent & Baby Swim Classes

(Ages 6 months-2 yrs) Parents and children have fun together in this class which introduces basic swimming skills and safety using toys, songs, and games. Prerequisite: One adult is required to get in the pool with each child. Non-potty trained participants must wear snug fitting plastic pants and swim diapers under swim suit no disposable or cloth diapers. No class 7/2, 7/4. \*This class will meet on Friday, July 8th due to the holiday. 4. 30-minute classes.

CODE	DAYS	TIME	SESSION A	SESSION B	SESSION C	SESSION D	FEE
101000	M-TH	10:20am	6/20-6/23	7/11-7/14	7/18-7/21	8/8-8/11	\$34
101001	M-TH	11:00am	6/27-6/30	7/5-7/8*	7/25-7/28	8/1-8/4	\$34
101002	SAT	9:40am	6/18-7/16	N/A	7/23-8/13	N/A	\$34
101003	SAT	11:00am	6/18-7/16	N/A	7/23-8/13	N/A	\$34

# **Parent & Child Swim Classes**

(Ages 2-5) Parents and children have fun together in this class which introduces basic swimming skills and safety using toys, songs, and games. Prerequisite: One adult is required to get in the pool with each child. Non-potty trained participants must wear snug fitting plastic pants and swim diapers under swim suit no disposable or cloth diapers. No class 7/2-7/4. \*This class will meet on Friday, July 8th due to the holiday. 4, 30-minute classes.

CODE	DAYS	TIME	SESSION A	SESSION B	SESSION C	SESSION D	FEE
101010	M-TH	10:20am	6/27-6/30	7/5-7/8*	7/25-7/28	8/1-8/4	\$34
101011	M-TH	11:00am	6/20-6/23	7/11-7/14	7/18-7/21	8/8-8/11	\$34
101012	SAT	9:00am	6/18-7/16	N/A	7/23-8/13	N/A	\$34
101013	SAT	10:20am	6/18-7/16	N/A	7/23-8/13	N/A	\$34
101014	SUN	10:00am	6/19-7/17	N/A	7/24-8/14	N/A	\$34



### Waddler

(Ages 3-5) The Waddler swim class teaches breath control, face submersion, floating on front and back (with floation support), arm and leg movements, and safety. Prerequisite: Children must function well in a group class without a parent. No goggles permitted in this class. Non-potty trained participants must wear snug fitting plastic pants and swim diapers under swim suit - no disposable or cloth diapers. No class 7/2-7/4. \*This class will meet on Friday, July 8th due to the holiday. 8, 30-minute classes.

CODE	DAYS	TIME	SESSION A	SESSION B	SESSION C	SESSION D	FEE
101100	M-TH	9:40am	6/20-6/30	7/5-7/14*	7/18-7/28	8/1-8/11	\$68
101101	M-TH	10:20am	6/20-6/30	7/5-7/14*	7/18-7/28	8/1-8/11	\$68
101102	M-TH	11:00am	6/20-6/30	7/5-7/14*	7/18-7/28	8/1-8/11	\$68
101103	M/W	5:00pm	6/20-7/18	N/A	7/20-8/15	N/A	\$68
101104	T/TH	4:20pm	6/21-7/14	N/A	7/21-8/16	N/A	\$68
101105	T/TH	5:00pm	6/21-7/14	N/A	7/21-8/16	N/A	\$68
101106	SAT	9:00am	6/18-8/13	N/A	N/A	N/A	\$68
101107	SAT	11:00am	6/18-8/13	N/A	N/A	N/A	\$68
101108	SUN	10:40am	6/19-8/14	N/A	N/A	N/A	\$68

### **Floater**

(Ages 3-5) The Floater swim class teaches breath control, face and head submersion, floating on front and back independently, swimming 5 yards on front and back (with flotation support), and safety. Prerequisite: Fully submerge face for 3 seconds and float on front and back (with flotation support). No goggles permitted in this class. Non-potty trained participants must wear snug fitting plastic pants and swim diapers under swim suit - no disposable or cloth diapers. No class 7/2-7/4. \*This class will meet on Friday, July 8th due to the holiday. 8, 30-minute classes.

CODE	DAYS	TIME	SESSION A	SESSION B	SESSION C	SESSION D	FEE
101110	M-TH	9:00am	6/20-6/30	7/5-7/14*	7/18-7/28	8/1-8/11	\$68
101111	M-TH	9:40am	6/20-6/30	7/5-7/14*	7/18-7/28	8/1-8/11	\$68
101112	M-TH	11:00am	6/20-6/30	7/5-7/14*	7/18-7/28	8/1-8/11	\$68
101113	M/W	5:00pm	6/20-7/18	N/A	7/20-8/15	N/A	\$68
101114	T/TH	5:00pm	6/21-7/14	N/A	7/21-8/16	N/A	\$68
101115	T/TH	5:40pm	6/21-7/14	N/A	7/21-8/16	N/A	\$68
101116	SAT	9:00am	6/18-8/13	N/A	N/A	N/A	\$68
101117	SAT	10:20am	6/18-8/13	N/A	N/A	N/A	\$68
101118	SUN	10:00am	6/19-8/14	N/A	N/A	N/A	\$68

# **Paddler**

(Ages 3-5) The Paddler swim class teaches rhythmic breathing, gliding on front and back, rolling over, swimming 5 yards on front and back, sitting dive, swimming in deep water, and safety. **Prerequisite:** Fully submerge body for 5 seconds, float on front and back independently, and swim 5 yards on both front and back (with flotation support). **Non-potty trained participants must wear snug fitting plastic pants and swim diapers under swim suit - no disposable or cloth diapers.** No class 7/2-7/4. \*This class will meet on Friday, July 8th due to the holiday. 8, 30-minute classes.

CODE	DAYS	TIME	<b>SESSION A</b>	SESSION B	SESSION C	SESSION D	FEE
101120	M-TH	9:00am	6/20-6/30	7/5-7/14*	7/18-7/28	8/1-8/11	\$68
101121	M-TH	10:20am	6/20-6/30	7/5-7/14*	7/18-7/28	8/1-8/11	\$68
101122	M/W	3:40pm	6/20-7/18	N/A	7/20-8/15	N/A	\$68
101123	M/W	5:40pm	6/20-7/18	N/A	7/20-8/15	N/A	\$68
101124	T/TH	5:00pm	6/21-7/14	N/A	7/21-8/16	N/A	\$68
101125	SAT	9:40am	6/18-8/13	N/A	N/A	N/A	\$68
101126	SAT	11:00am	6/18-8/13	N/A	N/A	N/A	\$68
101127	SUN	10:40am	6/19-8/14	N/A	N/A	N/A	\$68
101128	SUN	11:20am	6/19-8/14	N/A	N/A	N/A	\$68

#### Swimmer

(Ages 4-6) The Swimmer class teaches rotary breathing, 15 yards of front crawl and elementary backstroke, kneeling dive, treading water, and safety. **Prerequisite:** Float on front and back for 5 seconds in 4 feet of water, swim 5 yards on both front and back, and be comfortable in deep water. No class 7/2-7/4. \*This class will meet on Friday, July 8th due to the holiday. 8, 30-minute classes.

CODE	DAYS	TIME	SESSION A	SESSION B	SESSION C	SESSION D	FEE
101130	M-TH	9:00am	6/20-6/30	7/5-7/14*	7/18-7/28	8/1-8/11	\$68
101131	M-TH	11:00am	6/20-6/30	7/5-7/14*	7/18-7/28	8/1-8/11	\$68
101132	M/W	4:20pm	6/20-7/18	N/A	7/20-8/15	N/A	\$68
101133	M/W	5:40pm	6/20-7/18	N/A	7/20-8/15	N/A	\$68
101134	T/TH	5:40pm	6/21-7/14	N/A	7/21-8/16	N/A	\$68
101135	SAT	9:40am	6/18-8/13	N/A	N/A	N/A	\$68
101136	SUN	12:00pm	6/19-8/14	N/A	N/A	N/A	\$68

# **Lap Swimmer**

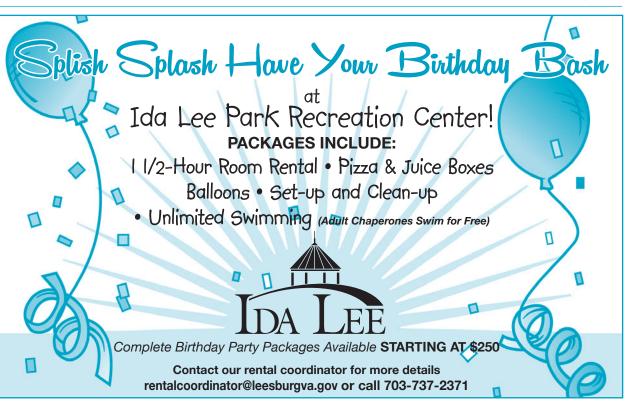
(Ages 4-6) The Lap Swimmer class teaches 25 yards of front crawl and elementary backstroke, 15 yards of back crawl, breaststroke kick, standing dive, treading water, and safety. **Prerequisite:** Swim 15 yards each of front crawl (with some rotary breathing) and elementary backstroke. No class 7/2, 7/4. \*This class will meet on Friday, July 8th due to the holiday. 8, 30-minute classes.

CODE	DAYS	TIME	SESSION A	SESSION B	SESSION C	SESSION D	FEE
101140	M-TH	9:00am	6/20-6/30	7/5-7/14*	7/18-7/28	8/1-8/11	\$68
101141	M/W	5:00pm	6/20-7/18	N/A	7/20-8/15	N/A	\$68
101142	SAT	10:20am	6/18-8/13	N/A	N/A	N/A	\$68

# **Advanced Lap Swimmer**

(Ages 4-7) The Advanced Lap Swimmer class teaches 25 yards of front crawl, elementary backstroke, and back crawl; 15 yards of breaststroke, sculling, surface dives, treading water, and safety. **Prerequisite:** Swim 25 yards each of front crawl (with rotary breathing) and elementary backstroke, and 15 yards back crawl. No class 7/3-7/4. \*This class will meet on Friday, July 8th due to the holiday. 8, 30-minute classes.

CODE	DAYS	TIME	<b>SESSION A</b>	SESSION B	SESSION C	SESSION D	FEE
101150	M-TH	9:40am	6/20-6/30	7/5-7/14*	7/18-7/28	8/1-8/11	\$68
101151	M/W	5:40pm	6/20-7/18	N/A	7/20-8/15	N/A	\$68
101152	SUN	11:20am	6/19-8/14	N/A	N/A	N/A	\$68





# AV Symington AV Symington CENTER OPENS MAY 28<sup>TH</sup>



# **POOL HOURS:**

MAY 28 - SEPTEMBER 5, 2016\* TOWN RESIDENTS Monday - Sunday 11:00am-8:00pm

**OPEN ADMISSION** Monday - Sunday 12:00-8:00pm

### \*LIMITED POOL HOURS:

While school is in session (May 28th - June 14th and August 29th - September 5th) pool hours are limited to weekends only with regular hours on Memorial Day and Labor Day.



703-779-5390 • www.avsac.org

# **ADMISSION:**

Daily Fees	Town I M-F	Residents Sat/Sun Holidays	Non-R M-F	esidents Sat/Sun Holidays
Two and Under	Free	Free	Free	Free
Youth and Senior	\$5.00	\$6.00	\$8.00	\$ 9.00
Adult	\$6.00	\$7.00	\$9.00	\$10.00
After 5:00pm	\$4.00	\$4.00	\$6.00	\$ 6.00
*Limited Pool Hours	\$4.00	Regular	\$6.00	Regular
		Prices		Prices

**ADMISSION PASSES** (Town of Leesburg Residents)

Youth/Senior Adult (16-59 yrs.) 10 Visit Pass \$40.00 \$50.00 5 Visit Add-On\* \$25.00 \$20.00

**ADMISSION PASSES** (Non-Leesburg Residents)

Youth/Senior Adult (16-59 yrs.) 10 Visit Pass \$70.00 \$80.00 5 Visit Add-On\* \$40.00 \$35.00

\*In order to purchase a 5 Visit Add-On, you must first purchase a 10 Visit Pass. (NOTE: Ages two and under free.)

\*\*All unused pass visits expire on September 5, 2016.

# **AQUATIC CENTER FEATURES:**

- 600' Lazy River
- Drop Slide
- Large Slide Tower
- Two Body Flumes
- Little Squirt Whale
- 25 Yard Lap Lane
- Two Gang Slides
- Water Pipe Fall
- Floating Snake
- Large "Beach" Area
- Bubblers
- Concession Stand
- Classes & Camps
- Grass Picnic Area
- Shade Structures
- Rentals





# learn-to-swim classes

# **Virginia Swims Advisory Group**



### Swim Level 1

(Ages 6-12) The Swim Level 1 class teaches breath control, face submersion, floating on front and back (with support), swimming 5 feet on front and back (with support), and safety. **Prerequisite:** Students must function well in a group class without a parent. **No goggles permitted in this class.** No class 7/2-7/4. \*This class will meet on Friday. July 8th due to the holiday. 8. 30-minute classes.

CODE	DAYS	TIME	SESSION A	<b>SESSION B</b>	<b>SESSION C</b>	SESSION D	FEE
101210	M-TH	9:00am	6/20-6/30	7/5-7/14*	7/18-7/28	8/1-8/11	\$68
101211	M-TH	9:40am	6/20-6/30	7/5-7/14*	7/18-7/28	8/1-8/11	\$68
101212	M/W	6:20pm	6/20-7/18	N/A	7/20-8/15	N/A	\$68
101213	T/TH	6:20pm	6/21-7/14	N/A	7/21-8/16	N/A	\$68
101214	SAT	9:00am	6/18-8/13	N/A	N/A	N/A	\$68
101215	SAT	11:00am	6/18-8/13	N/A	N/A	N/A	\$68
101216	SUN	10:40am	6/19-8/14	N/A	N/A	N/A	\$68

# **Swim Level 2**

(Ages 6-12) The Swim Level 2 class teaches head submersion and breath control, floating on front and back, gliding on front and back, rolling over, swimming 5 yards on front and back, and safety. **Prerequisite:** Fully submerge face for 3 seconds, float on front and back (with support), and swim 5 feet on both front and back (with support). No class 7/2-7/4. \*This class will meet on Friday, July 8th due to the holiday. 8, 30-minute classes.

CODE	DAYS	TIME	<b>SESSION A</b>	SESSION B	SESSION C	SESSION D	FEE
101220	M-TH	9:40am	6/20-6/30	7/5-7/14*	7/18-7/28	8/1-8/11	\$68
101221	M-TH	11:00am	6/20-6/30	7/5-7/14*	7/18-7/28	8/1-8/11	\$68
101222	M/W	6:20pm	6/20-7/18	N/A	7/20-8/15	N/A	\$68
101223	T/TH	7:00pm	6/21-7/14	N/A	7/21-8/16	N/A	\$68
101224	SAT	9:40am	6/18-8/13	N/A	N/A	N/A	\$68
101225	SAT	10:20am	6/18-8/13	N/A	N/A	N/A	\$68
101226	SUN	10:00am	6/19-8/14	N/A	N/A	N/A	\$68

### **Swim Level 3**

(Ages 6-12) The Swim Level 3 class teaches rotary breathing, swimming 15 yards of front crawl, elementary backstroke, and back crawl, jumping into deep water, treading water, and safety. **Prerequisite:** Float on front and back for 5 seconds and swim 5 yards on front and back. No class 7/2-7/4. \*This class will meet on Friday, July 8th due to the holiday. 8, 30-minute classes.

CODE	DAYS	TIME	SESSION A	SESSION B	SESSION C	SESSION D	FEE
101230	M-TH	9:40am	6/20-6/30	7/5-7/14*	7/18-7/28	8/1-8/11	\$68
101231	M-TH	10:20am	6/20-6/30	7/5-7/14*	7/18-7/28	8/1-8/11	\$68
101232	M/W	6:20pm	6/20-7/18	N/A	7/20-8/15	N/A	\$68
101233	T/TH	6:20pm	6/21-7/14	N/A	7/21-8/16	N/A	\$68
101234	T/TH	7:00pm	6/21-7/14	N/A	7/21-8/16	N/A	\$68
101235	SAT	9:00am	6/18-8/13	N/A	N/A	N/A	\$68
101236	SAT	9:40am	6/18-8/13	N/A	N/A	N/A	\$68
101237	SAT	10:20am	6/18-8/13	N/A	N/A	N/A	\$68
101238	SUN	11:20am	6/19-8/14	N/A	N/A	N/A	\$68



# JOIN US IN THE POOL

# **Diving Board & Rock Wall Hours**

Tuesday & Friday

Saturday & Sunday

7:00pm-8:30pm

1:00pm-4:50pm

June 20 - August 19

Monday - Friday 12:00pm - 4:00pm



CODE	DAYS	TIME	SESSION A	SESSION B	SESSION C	SESSION D	FEE
101240	M-TH	9:00am	6/20-6/30	7/5-7/14*	7/18-7/28	8/1-8/11	\$68
101241	M-TH	10:20am	6/20-6/30	7/5-7/14*	7/18-7/28	8/1-8/11	\$68
101242	M/W	7:00pm	6/20-7/18	N/A	7/20-8/15	N/A	\$68
101243	T/TH	5:40pm	6/21-7/14	N/A	7/21-8/16	N/A	\$68
101244	T/TH	6:20pm	6/21-7/14	N/A	7/21-8/16	N/A	\$68
101245	SAT	9:40am	6/18-8/13	N/A	N/A	N/A	\$68
101246	SAT	10:20am	6/18-8/13	N/A	N/A	N/A	\$68
101247	SAT	11:00am	6/18-8/13	N/A	N/A	N/A	\$68
101248	SUN	12:00pm	6/19-8/14	N/A	N/A	N/A	\$68

# **Swim Level 5**

(Ages 6-12) The Swim Level 5 class teaches 50 yards of front crawl (with bi-lateral breathing), elementary backstroke, and back crawl; 25 yards of breaststroke, 15 yards of butterfly, surface dives, open turns, treading water, and safety. **Prerequisite:** Swim 25 yards each of front crawl, elementary backstroke and back crawl in good form, and 15 yards of breaststroke. No class 7/2-7/4. \*This class will meet on Friday, July 8th due to the holiday. 8, 30-minute classes.

CODE	DAYS	TIME	<b>SESSION A</b>	SESSION B	SESSION C	SESSION D	FEE
101250	M-TH	10:20am	6/20-6/30	7/5-7/14*	7/18-7/28	8/1-8/11	\$68
101251	M/W	7:00pm	6/20-7/18	N/A	7/20-8/15	N/A	\$68
101252	SAT	9:00am	6/18-8/13	N/A	N/A	N/A	\$68
101253	SUN	12:00pm	6/19-8/14	N/A	N/A	N/A	\$68

# **Swim Level 6**

(Ages 6-14) The Swim Level 6 class teaches 100 yards of front crawl and back crawl, 50 yards of breaststroke, 25 yards of butterfly and sidestroke. The class develops good fitness habits, introduces a wide range of aquatic activities to meet individual needs, and teaches safety skills. **Prerequisite:** Participants must have completed Swim Level 5. No class 7/2. 8, 45-minute classes.

CODE	DAYS	TIME	SESSION A	<b>SESSION B</b>	<b>SESSION C</b>	SESSION D	FEE
101260	M-TH	11:00am	6/20-6/30	N/A	7/18-7/28	N/A	\$80
101261	SAT	11:00am	6/18-8/13	N/A	N/A	N/A	\$80

# **Junior Swim Team**

(Ages 6-12) Learn what it's like to be on a swim team! Develop competitive strokes in a swim team atmosphere with stroke instruction, drills, and fun activities. **Prerequisite**: Must have successfully completed Swim Level 3 or Swimmer, and/or swim 15 yards of front crawl. No class 7/4. \*This class will meet on Friday, July 8th due to the holiday. 8, 45-minute classes.

CODE	DAYS	TIME	SESSION A	<b>SESSION B</b>	SESSION C	SESSION D	FEE
101270	M-TH	11:00am	N/A	7/5-7/14*	N/A	8/1-8/11	\$80



# OUTDOOR PARTY RENTALS

Starting At Only \$250

# **CABANA RENTALS**

Starting At **\$25** Per Hour (2 Hour Minimum, Day of Reservation Only)

# CONTACT OUR RENTAL COORDINATOR

rentalcoordinator@leesburgva.gov 703-737-2371

Follow us on







LEARN-TO-SWIM CLASSES

13

# **Springboard Diving**

(Ages 7-14) Learn the components of springboard diving (approach, take off, flight, and entry) and learn new dives. Introduced dives include: forward dive, tuck and pike, back dive, and inwards. **Prerequisite:** Swim 25 yards in deep water and perform a standing front dive from the side of the pool. No class 7/2. 8, 45-minute classes.

CODE	DAY	TIME	DATES	FEE
101800a	THU	7:00pm	6/23-8/11	\$80
101800b	SAT	11:30am	6/18-8/13	\$80

# **Advanced Springboard Diving**

(Ages 7-14) Learn new dives and flips while developing your technique on our one-meter springboard. **Prerequisite:** Must have completed Springboard Diving, can swim 25 yards in deep water, and perform a 3-step approach to a forward dive. No class 7/2. 8, 45-minute classes.

CODE	DAY	TIME	DATES	FEE
101801a	SAT	12:15pm	6/18-8/13	\$80

# adultswim

# **Adult Beginner Swimming**

(Ages 13 & up) Overcome your hesitation with water at a comfortable pace while learning basic elements of swimming. This class focuses on water adjustment, breath control, floating, gliding, and beginning to learn front crawl and back crawl. **Prerequisite:** A desire to learn. No class 7/2-7/3. 8, 45-minute classes.

CODE	DAYS	TIME	DATES	FEE
101600a	T/TH	7:00pm	6/21-7/14	\$80
101601a	SAT	8:00am	6/18-8/13	\$80
101602a	SUN	11:15am	6/19-8/14	\$80

# Adult Advanced Beginner Swimming

(Ages 16 & up) Now that you are comfortable in the water and have learned some basic skills, build on your knowledge while learning new skills. Skills include front crawl, back crawl, rotary breathing, breaststroke kick, deep water adjustment, and treading water.

Prerequisite: Must be comfortable in water and swim 5 yards on front and back. No class 7/2. 8, 45-minute

CODE	DAYS	TIME	DATES	FEE
101610c	T/TH	7:00pm	7/21-8/16	\$80
101611a	SAT	8:00am	6/18-8/13	\$80

classes.

# **Adult Intermediate Swimming**

(Ages 16 & up) Improve your stroke technique and learn new strokes! Develop your technique with front and back crawl to swim longer distances. Also learn breaststroke, elementary backstroke, and sidestroke. This class is mostly taught in deep water. **Prerequisite:** Comfort in deep water and swim 10-15 yards of front and back crawl. No class 7/4. 8, 45-minute classes.

CODE	DAYS	TIME	DATES	FEE
101620a	M/W	7:00pm	6/20-7/18	\$80
101620c	M/W	7:00pm	7/20-8/15	\$80

# Adult Swim Conditioning/ Stroke Refinement

(Ages 16 & up) Become a stronger and faster swimmer by learning how to improve your stroke, breathing, and turns for more efficiency. Build your endurance by doing drills to become a stronger distance swimmer. **Prerequisite:** Swim 50 yards of any stroke in good form. No class 7/3. 8, 60-minute classes.

CODE	DAYS	TIME	DATES	FEE
101750a	T/TH	7:00am	6/21-7/14	\$84
101750c	T/TH	7:00am	7/21-8/16	\$84
101751a	SUN	10:00am	6/19-8/14	\$84

### **PRIVATE SWIM LESSONS**

(Ages 4 & up) A limited number of private swim lessons will be offered from June - August. If you would like to request a private swim lesson, please register using the code below. You will receive a call in the order of your waitlist number, although we are unable to guarantee a space. Lesson times and instructor availability is on a first-come, first-served basis.

Please note: There are no refunds or make-ups for missed private swim lessons. There is no cost to be on the waitlist. Payment is due when the lessons are scheduled. You need to register each session to be on the waitlist.

#### CODE

103000a-Private Swim Lesson Request

5, 30-minute lessons

One Student - \$180

Two Students - \$210

Three Students - \$240

Four Students - \$270



Visit this fun and attractive park! Join other dogs and their owners to enjoy over 25,000 square feet of enclosed space in an attractive wooded setting. Parking, waste station, and water available on site.

Open daily dawn to dusk
Olde Izaak Walton Park
850 Davis Court, S.E. • Leesburg, VA
703-777-1368

# safety academy





(Ages 11-15) The American Red Cross Babysitter's Training Course will teach young people the skills and confidence needed to safely and responsibly care for children and infants. Through hands-on activities, interactive video and lively discussions, the course teaches young people how to interview for a babysitting job, make responsible decisions, and keep the children they babysit and themselves safe. Skills taught include: rescue breathing, first aid for choking, first aid for bleeding, and basic care (diapering, holding, feeding, and dressing) for infants and young children. Upon successful completion of the course, participants will receive an American Red Cross Babysitter's Training certificate. Participants are encouraged to bring a packed lunch. Participant manual will be included. 1, 7-hour class.

CODE	DAY	TIME	DATE	FEE
104918a	SUN	1:00pm-8:00pm	6/26	\$75
104918b	SAT	9:00am-4:00pm	7/16	\$75
104918c	SUN	1:00pm-8:00pm	8/7	\$75

# **American Heart Association Heartsaver First Aid Class**

(Ages 11 & up) Participants are taught the necessary skills to provide care in an emergency, help sustain life, and minimize the consequences of injury or sudden illness until professional medical help arrives. The American Heart Association Heartsaver First Aid certification is valid for two years. This course does not include CPR. Participant manual will be included. 1, 3-hour class.

CODE	DAY	TIME	DATE	FEE
104913a	THU	5:30pm-8:30pm	7/7	\$75
104913b	TUE	5:30pm-8:30pm	7/19	\$75
104913c	THU	5:30pm-8:30pm	8/4	\$75

# **American Heart Association Heartsaver CPR/AED Class**

(Ages 11 & up) Participants are taught the skills needed to recognize emergency situations, and to care for life-threatening respiratory or cardiac emergencies. Adult, Child, and Infant CPR with an AED is taught. The American Heart Association Heartsaver CPR/AED Course certification is valid for two years. Participant manual will be included. 1. 4-hour class.

CODE	DAY	TIME	DATE	FEE
104921a	WED	5:30pm-9:30pm	6/29	\$90
104921b	THU	5:30pm-9:30pm	7/14	\$90
104921c	WED	5:30pm-9:30pm	7/27	\$90
104921d	TUE	5:30pm-9:30pm	8/2	\$90

# **Lifeguard Training**

(Ages 15 & up) Participants of the American Red Cross Lifequard Training course are taught the skills and knowledge to prevent, recognize, and respond to emergencies in and around the water. Upon successful completion of the course, participants will be certified in Lifeguard Training/First Aid/CPR/AED which is valid for 2 years. Participant manual and a pocket mask will be provided. Attendance is mandatory at all sessions. Prerequisite: Participant must be 15 years old on or before the LAST day of class and pass a pre-course skills session, on first day of class. Precourse skills session includes: a 300 yard continuous swim, using these strokes in the following order: 100 yards of front crawl using rhythmic breathing and a stabilizing propellant kick, 100 yards of breaststroke using a pull, breathe, kick and glide sequence, and 100 yards of front crawl or breaststroke or a combination of both. Starting in the water, swim 20 yards using front crawl or breaststroke, surface dive 7-10 feet, retrieve a 10-pound object, return to the surface, swim 20 yards on the back with the 10-pound object to the starting point and exit the water without using a ladder or steps within 1 minute, 40 seconds. Plus, tread water using only the legs for 2 minutes. 5, 9-hour classes.

 CODE
 DAYS
 TIME
 DATES
 FEE

 104810a
 MON-FRI
 9:00am-6:00pm
 6/20-6/24
 \$250

# UNLIMITED CHILD CARE PASSES

Ida Lee Park Recreation Center offers an even more affordable child care pass option!

### **INSTALLMENT BILLING:**

\$15.00\* per month - First Child \$10.00\* per month - Each Additional Child \*Requires automatic billing, two months minimum

### 30 DAYS ONLY CHILD CARE PASS:

\$20.00 per month - First Child \$15.00 per month - Each Additional Child

For more information please stop by the front desk or call 703-777-1368



# aquatic fitness

# aqua fitness passes:

Eager to try one of our aqua fitness classes but not sure where to begin? TRY A DROP-IN PASS! Passes can be purchased at the front desk and must be used within 90 days of purchase. No refunds will be issued for unused passes and the number of pass holders in the class may be limited by class size. Please contact the front desk at 703-777-1368 for more details.

• Multiple Drop-in Pass: \$200 for 20 visits

• Daily Drop-in Pass: \$11 per class

### **Absolute Abs**

(Ages 16 & up) Target your core in this warm water class that focuses on training the abdominal and lower back muscles. By using the legs in multi-dimensional movement patterns, you will develop a stronger midsection to stabilize your torso and improve your balance and posture. 10, 30-minute classes.

CODE	DAYS	TIME	DATES	FEE
102700a	M/W/F	8:30am	7/6-7/27	\$50
102700b	M/W/F	8:30am	7/29-8/19	\$50

# **Introduction to Water Exercise**

(Ages 16 & up) Perfect for those new to water exercise. This class will explore different types of water exercise classes and different types of equipment. You will learn the most effective way to exercise in the water. Class will have cardio, strength, flexibility, and endurance. Participants will leave feeling comfortable in any type of aqua class setting. 7, 50-minute classes.

CODE	DAYS	TIME	DATES	FEE
102734a	T/TH	10:30am	7/5-7/26	\$70
102734b	T/TH	10:30am	7/28-8/18	\$70

# **Early Arthritis Exercise**

(Ages 16 & up) Designed to accommodate individuals with arthritis and other related illnesses, this class is taught using Arthritis Foundation exercises. Improve strength, balance, coordination, cardiovascular fitness, and joint range of motion in this smaller class using half of the auxiliary pool. 10, 50-minute classes.

CODE	DAYS	TIME	DATES	FEE
102721a	M/W/F	7:30am	7/6-7/27	\$100
102721b	M/W/F	7:30am	7/29-8/19	\$100

# **Arthritis Exercise**

(Ages 16 & up) Use water walking and Arthritis Foundation exercises to move all major joints and facilitate activities of daily living. Improve balance, strength, and endurance while having fun in this warm water class. 10, 50-minute classes.

CODE	DAYS	TIME	DATES	FEE
102720a	M/W/F	9:00am	7/6-7/27	\$100
102720b	M/W/F	9:00am	7/29-8/19	\$100

# **Aqua Power**

(Ages 16 & up) Develop your coordination, muscular strength, and cardiovascular endurance through the use of noodles, dumbbells, and other aquatic fitness equipment. Working against shallow water currents will constantly challenge the core muscles, leading to improvements in balance as well. 10, 50-minute classes.

CODE	DAYS	TIME	DATES	FEE
102710a	M/W/F	8:30am	7/6-7/27	\$100
102710b	M/W/F	8:30am	7/29-8/19	\$100

# **Deep Water**

(Ages 16 & up) This class places an emphasis on the water's natural resistance to enhance overall fitness. The use of flotation equipment allows you to increase your intensity level without increasing the impact on your joints. **Prerequisite:** Must be comfortable in deep water. 10, 50-minute classes/\*7, 50-minute classes.

CODE	DAYS	TIME	DATES	FEE
102730a	M/W/F	9:30am	7/6-7/27	\$100
102730b	M/W/F	9:30am	7/29-8/19	\$100
102731a	T/TH	9:30am	7/5-7/26	\$70*
102731b	T/TH	9:30am	7/28-8/18	\$70*

# **Master Splash**

(Ages 16 & up) Stay active by working through range-of-motion and strengthening exercises that are easy on the joints. In this class you will enhance functional fitness for improved quality of life.

10. 50-minute classes.

CODE	DAYS	TIME	DATES	FEE
102740a	M/W/F	9:30am	7/6-7/27	\$100
102740b	M/W/F	9:30am	7/29-8/19	\$100





A V SYMINGTON AQUATIC CENTER **2016 Passes on Sale Now!** 

Call 703-777-1368 or visit www.avsac.org for details.

# Aqua Zumba®

(Ages 16 & up) Aqua Zumba® is a safe, effective, and challenging water-based workout that integrates the Zumba formula and philosophy into traditional aqua fitness. Do not be fooled, this is not your normal aqua class. The movements are challenging and you can feel your muscles working against the resistance of the water. Latin dance rhythms are incorporated into this class. 7, 50-minute classes/\*6, 50-minute classes.

CODE	DAYS	TIME	DATES	FEE
102765a	M/W	6:30pm	7/6-7/27	\$70
102765b	M/W	6:30pm	8/1-8/17	\$60*
102766a	T/TH	8:30am	7/5-7/26	\$70
102766b	T/TH	8:30am	7/28-8/18	\$70

## **H20 Low**

(Ages 16 & up) Establish a fitness base in the water with low intensity walking and jogging, along with other aerobic movements. Compliment your cardiovascular conditioning with strength training, abdominal exercises, and relaxing stretches. 7, 50-minute classes.

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CODE	DAYS	TIME	DATES	FEE
102770a	T/TH	9:30am	7/5-7/26	\$70
102770b	T/TH	9:30am	7/28-8/18	\$70

# **Aqua Pump**

(Ages 16 & up) Use webbed gloves, barbells, and tubes to boost the challenge of water exercises. In this dynamically paced class you will gain endurance and strength, leading to higher energy levels and improved body composition. 7, 50-minute classes.

CODE	DAYS	TIME	DATES	FEE
102790a	T/TH	5:30pm	7/5-7/26	\$70
102790b	T/TH	5:30pm	7/28-8/18	\$70

# kids corner child care



**Monday-Friday** 8:00am-2:00pm & 4:00pm-7:30pm

 Saturday
 8:30am-1:30pm

 Sunday
 9:00am-1:30pm

\$5.00 per child per visit. Child care passes are available, purchase a 25 visit child care pass for \$75.00 or 10 visit child care pass for \$30.00.

Ida Lee reserves the right to limit the number of children in child care at any given time.

Service is offered on a first-come, first-served basis.

Guardian must be utilizing the recreation center, tennis center, or aquatic center (for classes only).

# wellness specialty



# WOW (Women on Weights) Machines

(Ages 16 & up) Design your own strength workout utilizing the equipment in the Ida Lee Fitness Center. This class is composed of a half hour of lecture and 90-minutes of hands on training to provide you with a basic understanding of weight training using the selectorized machines. You will learn basic strength training form, technique, and principles so that you have safe and effective workouts. No experience with weight training necessary. 1, 2-hour class.

 CODE
 DAY
 TIME
 DATE
 FEE

 108700a
 SAT
 12:00pm
 8/6
 \$20



# **New Blast Camp** Total Body Blast

(Ages 16 & up) The 30-minute BLAST consists of high intensity intervals, plyometrics, strength, and cardio training designed to jump start your workout or bring more intensity to your current workout. Each 30-minute workout will focus on functional strength, balance, agility as well as cardio endurance. Class meets in Ida Lee Park Recreation Center's lobby. Be prepared to go outside! Bring water, a towel, and some determination!

CODE	DAYS	TIME	DATES	FEE
108780a	M-F	9:00am	6/20-7/1	\$100
108780b	M-F	9:00am	8/22-9/2	\$100



Washingtonian Magazine's **Best Bet for Summer Concerts.** The Washington Post "One of the Summer's best concert lineups."

# of Leesburg's Award Winning Summer Concert Series

The Town

Saturdays • 7 - 9 pm Town Hall Green 25 West Market Street

Official Media Partner LOUDOUNNOW

Official Radio & Social Media Partner



The series is held on Saturday evenings at Leesburg's **Town** Green at 25 West Market Street, lawn chairs and blankets are advised. No smoking or alcoholic beverages will be allowed and no pets, please. Picnics are encouraged. In case of inclement weather, the show will be moved inside the Town Office Building.

**June 11 Prescott Engle** June 18 Ted Garber June 25 Don Chapman July 9 Todd Wright

July 16 Michael Sheppard **July 23 Robbie Limon July 30 Cal Everett** 

**August 6 Gary Smallwood** August 13 Jon Carroll **August 20 Mary Ann Redmond August 27 Jennifer Daniels** 

# Recreation Outreach to Community Kids

**COMMUNITY OUTREACH PROGRAMS** 



Recreation Outreach to Community Kids (R.O.C.K.) is a collaborative effort with the Town of Leesburg Parks and Recreation Department and the Leesburg Police Department. R.O.C.K. is a recreation based outreach program for children aged 5-12 years old in the communities of Heritage Square, the Fields of Leesburg Apartments, Evans Ridge Apartments, and the Fort Evans Road Communities.

The program offers sports, games, art, trips, team building, and special guests. The program is held daily for nine weeks during the summer and after school from September through June.

> For more information about R.O.C.K. please contact the **COMMUNITY OUTREACH PROGRAMS** at 703-737-7159.

# personal training

(Ages 12 & up) Ida Lee has a diverse team of certified Personal Trainers available to challenge and motivate clients of all fitness levels. Whether you are a high school student with college athletic aspirations, or an older adult seeking improved mobility, we can help you maximize your body's potential. To lose weight, reduce stress, and enhance your athletic ability, please fill out a Personal Training Request Form available at the front desk or online at www.idalee.org. We will contact you to schedule your personal training sessions. Several packages are available to meet your personal training needs, which includes a free fitness assessment with the purchase of any personal training package.



# **Private Training\*** One-on-one individualized sessions.

#### **60-Minute Training Packages**

Program Packages	Cost Per Session	Cost Per Package
1 Session	\$60.00	\$60.00
5 Sessions	\$55.00	\$275.00
10 Sessions	\$50.00	\$500.00

#### **30-Minute Training Packages**

Great if you want an affordable, long term commitment towards a complete change in lifestyle and fitness.

Program Packages	Cost Per Session	Cost Per
4 sessions	\$30.00	\$120.00
8 sessions	\$27.50	\$220.00
12 sessions	\$25.00	\$300.00

# Partner Training\* Workout and spend time with someone you care about!

Program Packages 1 Session	Cost Per Session \$100.00/session \$50.00/person	Cost Per Package \$100.00 \$50.00/person
5 Sessions	\$90.00/session \$45.00/person	\$450.00 \$225.00/person
10 Sessions	\$80.00/session \$40.00/person	\$800.00 \$400.00/person

# **Group Training\*** Great if you would like to organize your own group of 3 or 4 friends to work together.

Program Packages	Cost Per Session	Cost Per Package
5 Sessions for a	\$100.00/session	\$500.00
group of 3 individuals	\$33.00/person	\$165.00/person
5 Sessions for a group of 4 individuals	\$120.00/session \$30.00/person	\$600.00 \$150.00/person
oi 4 individuais	550.00/Derson	\$ 150.00/berson

# \*The following applies to all training sessions:

- There are no discounts on the cost of training sessions.
- You must notify your trainer 24 hours in advance of cancellation. If there is not a 24 hour notice, you will be charged for the missed session.
- 60-minute sessions are good for 6 months from the date of purchase.

**Package** 

- 30-minute sessions are good for 12 months from the date of purchase.
- There are no refunds given on personal training purchases.

# **Individual Nutrition Counseling**

(Ages 12 & up) One-on-one nutrition counseling with a Registered Dietitian that will be tailored to the individuals needs, providing education and guidance such as weight management, diabetic education and meal planning, basic sports nutrition, and heart healthy nutrition. First session 60-minutes, follow up sessions 30-minutes.

#### **Cost Per Session**

\$60.00 60-minute initial consultation \$40.00 30-minute follow up consultation



# tennis

# classes • clinics • tournaments

Come grow your game at the Ida Lee Park Tennis Center. We offer a wide variety of classes, academies. tournaments, and more. If you are uncertain of your level before enrollment, please let us know and we will test your skills prior to registration. Please come to your class with a tennis racquet and tennis shoes. All classes meet at the AV Symington Indoor Tennis Center.

WEATHER: In the event of inclement weather, decisions on tennis classes will be made one hour prior to the start of the class. Late cancellations may occur due to unpredictable weather conditions. Please call 703-737-7166 for inclement weather information. No tennis classes 7/1-7/4.

# youthtennis

# **Ouick Start Red Ball-Indoors**

(Ages 4-8) This class teaches children basic hand-eye skills and basic racquet skills, and the concept of playing tennis. No class 7/2, 7/4. 9, 60-minute classes/\*8, 60-minute classes.

CODE	DAY	TIME	DATES	FEE
127100a	MON	4:30pm	6/20-8/15	\$160*
127101a	WED	4:30pm	6/22-8/17	\$180
127102a	SAT	9:00am	6/25-8/20	\$160*
127103a	SAT	2:30pm	6/25-8/20	\$160*

# **Quick Start Orange Ball-Indoors**

(Ages 7-9) This class is for players who can maintain an extended rally. They now learn intermediate stroke technique as well as how to play points, keep score, and basic strategy. No class 7/2, 7/4. 9, 90-minute classes/\*8, 90-minute classes.

CODE	DAY	TIME	DATES	FEE
127120a	MON	4:00pm	6/20-8/15	\$224*
127121a	MON	5:30pm	6/20-8/15	\$224*
127122a	TUE	4:00pm	6/21-8/16	\$252
127123a	WED	4:00pm	6/22-8/17	\$252
127124a	THU	4:00pm	6/23-8/18	\$252
127125a	SAT	11:30am	6/25-8/20	\$224*
127126a	SAT	1:00pm	6/25-8/20	\$224*
127127a	SAT	2:30pm	6/25-8/20	\$224*

# **Ouick Start Green Ball-Indoors**

(Ages 9-11) For players who can rally and place the ball with intention, play the ball in transition, move to the net, and place the volley to win. Students must be able to execute the serve and hit the ball flat or with spin, and be on their way to understanding strategy and tactics. No class 7/2, 7/4. 9, 90-minute classes/ \*8, 90-minute classes.

CODE	DAY	TIME	DATES	FEE
127130a	MON	4:00pm	6/20-8/15	\$224*
127131a	MON	5:30pm	6/20-8/15	\$224*
127132a	TUE	4:00pm	6/21-8/16	\$252
127133a	WED	4:00pm	6/22-8/17	\$252
127134a	THU	4:00pm	6/23-8/18	\$252
127135a	SAT	11:30am	6/25-8/20	\$224*
127136a	SAT	1:00pm	6/25-8/20	\$224*
127137a	SAT	2:30pm	6/25-8/20	\$224*

### Youth Intermediate-Indoors

(Ages 11-17) The students in this class should be ready to play in games and have learned the rules of match play, ground-strokes, volley, lob, and overhead strokes. They should be able to execute all strokes with control, accuracy, and consistency. No class 7/2, 7/4. 9, 90-minute classes/\*8, 90-minute classes.

CODE	DAY	TIME	DATES	FEE
127140a	MON	5:30pm	6/20-8/15	\$224*
127141a	TUE	4:30pm	6/21-8/16	\$252
127142a	WED	5:30pm	6/22-8/17	\$252
127143a	THU	5:30pm	6/23-8/18	\$252
127144a	SAT	11:30am	6/25-8/20	\$224*
127145a	SAT	1:00pm	6/25-8/20	\$224*
127146a	SAT	2:30pm	6/25-8/20	\$224*

# Catoctin Skatepark summer hours

# **MID JUNE - AUGUST 2016**

# **Skateboards/Rollerblades**

DAYS **OPEN CLOSED** Monday-Friday 12:00pm 8:00pm Saturday 12:00pm 6:00pm Sunday 12:00pm 4:00pm

**Bikes DAYS OPEN** Saturday 6:00pm

CLOSED 8:00pm 6:00pm

4:00pm Helmets required, bike pegs must be taped. No scooters allowed.

Call ahead: 703-777-8837 or 703-737-7166 • Hours are weather permitting.

Sunday

# **Youth Advanced-Indoors**

(Ages 11-17) This class is designed for the serious competitive player who has match play experience. This class will focus on stroke production, agility, footwork, as well as singles and doubles game strategies. No class 7/2, 7/4. 9, 90-minute classes/\*8. 90-minute classes.

CODE	DAY	TIME	DATES	FEE
127150a	MON	5:30pm	6/20-8/15	\$224*
127151a	TUE	4:00pm	6/21-8/16	\$252
127152a	WED	4:00pm	6/22-8/17	\$252
127153a	THU	4:00pm	6/23-8/18	\$252
127154a	SAT	11:30am	6/25-8/20	\$224*
127155a	SAT	1:00pm	6/25-8/20	\$224*

# **Middle School Flight-Indoors**

(Ages 11-14) Designed to help the player improve in match play situations. You must be able to serve and keep score. No class 7/3. 8, 90-minute sessions.

CODE	DAY	TIME	DATES	FEE
127210a	SUN	1:30pm	6/26-8/21	\$120
127211a	SUN	4:30pm	6/26-8/21	\$120

# **High School Flight-Indoors**

(Ages 15-17) Designed to help the player improve in match play situations. You must be able to serve and keep score. No class 7/3. 8, 90-minute sessions.

CODE	DAY	TIME	DATES	FEE
127220a	SUN	12:00pm	6/26-8/21	\$120
127221a	SUN	3:000pm	6/26-8/21	\$120

# **Leesburg Tennis Academy- Indoors**

(Ages 8-18) This program is for the junior player that wants to be the best tennis player that they can be, and is willing to work at making it happen. It is expected that these juniors are involved in this program year round and play in a minimum of six tournaments per year. In addition to this program, private lessons are also recommended. (The Head Tennis Professional will evaluate each child and Ida Lee reserves the right to transfer a child to a different class if their skill level is not equal to the level of this program.) 9, 90-minute classes.

CODE	DAYS	TIME	DATES	FEE
127250a	T/W/TH	5:30pm	6/21-7/7	\$270
127250b	T/W/TH	5:30pm	7/12-7/28	\$270
127250c	T/W/TH	5:30pm	8/2-8/18	\$270

# adult tennis

# **Adult Beginner-Indoors**

(Ages 18 & up) The player needs instruction on basic techniques. No class 7/2, 7/4. 9, 90-minute classes/\*8, 90-minute classes.

CODE	DAY	TIME	DATES	FEE
127300a	MON	7:00pm	6/20-8/15	\$224*
127301a	TUE	12:30pm	6/21-8/16	\$252
127302a	TUE	7:00pm	6/21-8/16	\$252
127303a	WED	7:00pm	6/22-8/17	\$252
127304a	THU	12:30pm	6/23-8/18	\$252
127305a	SAT	10:00am	6/25-8/20	\$224*

# **Adult Advanced Beginner- Indoors**

(Ages 18 & up) The player can play singles and doubles but needs to improve net play and basic tactics. No class 7/2, 7/4. 9, 90-minute classes/\*8. 90-minute classes.

CODE	DAY	TIME	DATES	FEE
127310a	MON	7:00pm	6/20-8/15	\$224*
127311a	TUE	12:30pm	6/21-8/16	\$252
127312a	TUE	7:00pm	6/21-8/16	\$252
127313a	WED	7:00pm	6/22-8/17	\$252
127314a	THU	12:30pm	6/23-8/18	\$252
127315a	SAT	8:30am	6/25-8/20	\$224*
127316a	SAT	10:00am	6/25-8/20	\$224*

# **Adult Intermediate Tennis- Indoors**

(Ages 18 & up) The player is developing the use of lobs, overheads, approach shots and volleys, and is seldom out of position in singles and doubles. No class 7/2, 7/4. 9, 90-minute classes/\*8, 90-minute classes.

CODE	DAY	TIME	DATES	FEE
127320a	MON	7:00pm	6/20-8/15	\$224*
127321a	TUE	12:30pm	6/21-8/16	\$252
127322a	TUE	7:00pm	6/21-8/16	\$252
127323a	WED	7:00pm	6/22-8/17	\$252
127324a	THU	12:30pm	6/23-8/18	\$252
127325a	SAT	8:30am	6/25-8/20	\$224*
127326a	SAT	10:00am	6/25-8/20	\$224*

# **Adult Advanced Tennis- Indoors**

(Ages 18 & up) The player has begun to hit with power, spin, depth, and control. The serve can be a weapon and the student can move into a net position with some success in singles and doubles. No class 7/2, 7/4. 9, 90-minute classes/\*8, 90-minute classes.

CODE	DAY	TIME	DATES	FEE
127330a	MON	7:00pm	6/20-8/15	\$224*
127331a	TUE	7:00pm	6/21-8/16	\$252
127332a	WED	7:00pm	6/22-8/17	\$252
127333a	SAT	8:30am	6/25-8/20	\$224*
127334a	SAT	10:00am	6/25-8/20	\$224*

# **Cardio Tennis-Indoors**

(Ages 18 & up) Burn more calories than singles or doubles tennis while working on your footwork, endurance, agility, and cardio fitness. Each class will consist of a warm up, workout and cool down. This is a fast-paced cardio class, where you must be able to maintain a rally. 1, 60-minute class.

CODE	DAY	TIME	DATE	FEE
127850a	TUE	6:00pm	6/21	\$18
127850b	TUE	6:00pm	6/28	\$18
127850c	TUE	6:00pm	7/5	\$18
127850d	TUE	6:00pm	7/12	\$18
127850e	TUE	6:00pm	7/19	\$18
127850f	TUE	6:00pm	7/26	\$18
127850g	TUE	6:00pm	8/2	\$18
127850h	TUE	6:00pm	8/9	\$18
127850i	TUE	6:00pm	8/16	\$18

# **UNLIMITEDCHILDCAREPASSES**

SEE PAGE 15 FOR DETAILS

703-737-6068

# **Adult Drop-In Clinics-Indoors**

(Ages 18 & up) These clinics are designed to keep your game sharp with an emphasis on covering all of the basic strokes and conditioning. Please observe the skill levels required for the clinics. 1, 90-minute session.

565510H.					
CODE	DAY	LEVEL	TIME	DATE	FEE
127860a	WED	2.5-3.0	12:30pm	6/22	\$25
127860b	WED	2.5-3.0	12:30pm	6/29	\$25
127860c	WED	2.5-3.0	12:30pm	7/6	\$25
127860d	WED	2.5-3.0	12:30pm	7/13	\$25
127860e	WED	2.5-3.0	12:30pm	7/20	\$25
127860f	WED	2.5-3.0	12:30pm	7/27	\$25
127860g	WED	2.5-3.0	12:30pm	8/3	\$25
127860h	WED	2.5-3.0	12:30pm	8/10	\$25
127860i	WED	2.5-3.0	12:30pm	8/17	\$25
127861a	WED	3.5+	12:30pm	6/22	\$25
127861b	WED	3.5+	12:30pm	6/29	\$25
127861c	WED	3.5+	12:30pm	7/6	\$25
127861d	WED	3.5+	12:30pm	7/13	\$25
127861e	WED	3.5+	12:30pm	7/20	\$25
127861f	WED	3.5+	12:30pm	7/27	\$25
127861g	WED	3.5+	12:30pm	8/3	\$25
127861h	WED	3.5+	12:30pm	8/10	\$25
127861i	WED	3.5+	12:30pm	8/17	\$25
127870a	WED	2.5-3.0	8:30pm	6/22	\$25
127870b	WED	2.5-3.0	8:30pm	6/29	\$25
127870c	WED	2.5-3.0	8:30pm	7/6	\$25
127870d	WED	2.5-3.0	8:30pm	7/13	\$25
127870e	WED	2.5-3.0	8:30pm	7/20	\$25
127870f	WED	2.5-3.0	8:30pm	7/27	\$25
127870g	WED	2.5-3.0	8:30pm	8/3	\$25
127870h	WED	2.5-3.0	8:30pm	8/10	\$25
127870i	WED	2.5-3.0	8:30pm	8/17	\$25
127871a	WED	3.5+	8:30pm	6/22	\$25
127871b	WED	3.5+	8:30pm	6/29	\$25
127871c	WED	3.5+	8:30pm	7/6	\$25
127871d	WED	3.5+	8:30pm	7/13	\$25
127871e	WED	3.5+	8:30pm	7/20	\$25
127871f	WED	3.5+	8:30pm	7/27	\$25
127871g	WED	3.5+	8:30pm	8/3	\$25
127871h	WED	3.5+	8:30pm	8/10	\$25
127871i	WED	3.5+	8:30pm	8/17	\$25

# **Pro Workout-Indoors**

(Ages 18 & up) Enjoy a high intensity class where you will hit hundreds of tennis balls and focus on footwork, conditioning, and strategy. 1, 90-minute class.

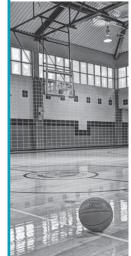
conditioning, and strategy. 1, 90-minute class.						
CODE	DAY	<b>LEVEL</b>	TIME	DATE	FEE	
127800a	FRI	3.5+	5:00pm	6/24	\$25	
127800b	FRI	3.5+	5:00pm	7/8	\$25	
127800c	FRI	3.5+	5:00pm	7/15	\$25	
127800d	FRI	3.5+	5:00pm	7/22	\$25	
127800e	FRI	3.5+	5:00pm	7/29	\$25	
127800f	FRI	3.5+	5:00pm	8/5	\$25	
127800g	FRI	3.5+	5:00pm	8/12	\$25	
127800h	FRI	3.5+	5:00pm	8/19	\$25	

# **Racquet Repair**

Need your racquet restrung or a new grip put on? We use Gamma strings. All strings are available in 16 or 17 gauges. For more information, please call the Tennis Center at 703-737-6068.



- Group Fitness Classes
  - Cardio Equipment •
- Two Indoor Pools and Spa
  - Racquetball Courts •
- Full Sized Basketball Court
  - Child Care •
- Strength Training Equipment •







# Town of Leesburg Resident

 Resident
 Non-Resident

 ADULT
 \$150.00
 \$200.00

 YOUTH
 \$120.00
 \$160.00

 SENIOR
 \$120.00
 \$160.00

ASK ABOUT OUR COUPLE AND FAMILY RATES!

For more information call: 703-777-1368

# Ida Lee Park

# TENNIS CENTER







### **HOURS OF OPERATION:**

Monday-Friday 7:00am-10:00pm Saturday 7:00am-8:00pm Sunday 8:00am-8:00pm

### LIMITED FACILITY HOURS:

Independence Day 7:00am-12:00pm

# **AV Symington Indoor Tennis Center Reservation Fees**

#### ALL PRICES ARE PER COURT HOUR

The following rates will be in effect for the 2016 indoor Spring/Summer season (March 28-September 5).

Spring/Summer Indoor Spot Time

**Monday-Sunday** 

Multiple

Non-Resident player fee: \$4.00 per non-resident player, per visit in addition to applicable court fees.

# TENNIS COURT RESERVATION RATES - OUTDOORS:

**Advance** Reservation: \$10 per hour - Town Resident \$12 per hour – Non-Resident (7 days advance reservation for Town Resident; 3 days for Non-Resident)

Dates:

\$12 per hour - Town Resident \$14 per hour – Non-Resident (Minimum of 4 consecutive weeks, maximum of 8 consecutive weeks)

Private Tennis Lessons

Here is a chance for you to get some one-on-one tennis instruction. Instructors have limited times of availability. Sessions are arranged on an individual basis with the instructor, so please stop by the Tennis Center to fill out a lesson request form. No more than 6 people to a private lesson.

TYPE Assistant Pro:	NUMBER OF STUDENTS  1 Student 2 Students Group of 3 Students	<b>FEE</b> \$65 \$70 \$75
Head Pro:	1 Student 2 Students Group of 3 Students	\$70 \$75 \$81

For pricing of 4 or more students (Assistant Pro or Head Pro) please call the Tennis Center at 703-737-6068.



# tennis academies

**Youth Tennis Academy-**

**DATES** 

6/20-6/24

7/11-7/15

7/18-7/22

7/25-7/29

8/1-8/5

8/8-8/12

8/15-8/19

6/27-7/1

7/5-7/8

**FEE** 

\$180

\$180

\$144\*

\$180

\$180

\$180

\$180

\$180

\$180

# instruction • etiquette • fun

**Outdoors** 

5, 3-hour classes.

(Ages 8-17)

(Ages 5-17) Come out and be a part of Ida Lee Park's Summer Tennis Academies. There will be instruction on the forehand, backhand, volley, lob, overhead, and the serves. We will discuss the rules of the game, explore proper sportsmanship, and learn the etiquette of tennis. We request that you bring your own tennis racquet, snack, and plenty of fluids. During the first day, participants will be broken up into groups according to skill level. All Tennis Academies meet at the Ida Lee Park Tennis Pavilion.

# Pee Wee Tennis Academy-Outdoors

#### (Ages 5-7)

143260i

M-F

5, 120-minute classes/\*4, 120-minute classes.

9:00am

CODE	DAYS	TIME	DATES	FEE	CODE	DAYS	TIME
143260a	M-F	9:00am	6/20-6/24	\$120	143264a	M-F	9:00am
143260b	M-F	9:00am	6/27-7/1	\$120	143264b	M-F	9:00am
143260c	T-F	9:00am	7/5-7/8	\$96*	143264c	T-F	9:00am
143260d	M-F	9:00am	7/11-7/15	\$120	143264d	M-F	9:00am
143260e	M-F	9:00am	7/18-7/22	\$120	143264e	M-F	9:00am
143260f	M-F	9:00am	7/25-7/29	\$120	143264f	M-F	9:00am
143260g	M-F	9:00am	8/1-8/5	\$120	143264g	M-F	9:00am
143260h	M-F	9:00am	8/8-8/12	\$120	143264h	M-F	9:00am

8/15-8/19

# **INCLEMENT WEATHER POLICY: SEE PAGE 5**

143264i

M-F

9:00am

FREE FOR ANNUAL PASS HOLDERS.

\$120



# A Room to Grow Preschool

2016-2017 School Year

(Ages 3-5) "A Room to Grow" preschool will provide children with a well-rounded program in a positive, supportive, and safe environment. This is achieved through meaningful and interesting experiences which will develop the child's cognitive, social, and physical skills through developmental and age appropriate activities. The program is 36 weeks and follows the Loudoun County school holiday calendar. Application forms are at Ida Lee Park Recreation Center or on-line at www.idalee.org.

Registration Fee: \$75 for all classes

# Preschool for 3 Year Olds 2 Days

Child's birthday between April 2013 – September 2013 \$75 registration fee \$1,555 tuition or \$1,632 with payment plan T/TH 8:30-11:30am

# Preschool for 4 Year Olds\* 3 Days

Child's birthday between
October 2011 – September 2012
\$75 registration fee
\$1,883 tuition or \$1,977 with payment plan
M/W/F 8:30-11:30am

# Preschool for 4 Year Olds\* 5 Days

Child's birthday between
October 2011 – September 2012
\$75 registration fee
\$3,240 tuition or \$3,402 with payment plan
M/T/W/TH/F 12:15-3:15pm

# SWIM LESSONS for 4 YEAR OLD CLASSES

\*28, 30-minute swim lessons offered for an additional fee of \$130/year.

Swimming is on Wednesdays. The preschool class will end at 11:00am or 2:40pm if you choose not to participate in the swim lesson.





# sports

# classes • leagues • private lessons

# **Baseball**

(Ages 4-7) Bring your child to learn the fundamentals of baseball. We will develop the basic techniques of throwing, catching, fielding, batting, and playing the game. Participants must provide their own glove. Class meets at Foxridge Park Baseball Field.

Mites (Ages 4-5) 5, 35-minute classes.

CODE	DAY	TIME	DATES	FEE	
116100a	THU	5:00pm	6/23-7/21	\$60	
116100b	THU	5:00pm	7/28-8/25	\$60	
116102a	THU	5:40pm	6/23-7/21	\$60	
116102b	THU	5:40pm	7/28-8/25	\$60	
Pee Wee (Ages 6-7) 5, 45-minute classes.					
Ages 0-1) 5, 45-Illilute classes.					

Pee Wee (Ages 6-7) 5, 45-minute classes.				
CODE	DAY	TIME	DATES	FEE
116110a	THU	6:30pm	6/23-7/21	\$70
116110b	THU	6:30pm	7/28-8/25	\$70

# Volleyball

(Ages 10-14) Bump, set, spike! Learn about the exciting game of volleyball. This program will help your child develop the skills and techniques that are essential for playing volleyball. Class meets at the Ida Lee Park Recreation Center's Basketball Courts. No class 7/2. 8, 45-minute classes.

**Beginner** 

<b>CODE</b> 118500a	<b>DAY</b> SAT	<b>TIME</b> 9:00am	<b>DATES</b> 6/18-8/13	<b>FEE</b> \$96
Intermed CODE 118502a	<b>iate</b> <b>DAY</b> SAT	<b>TIME</b> 10:00am	<b>DATES</b> 6/18-8/13	<b>FEE</b> \$96

# **Basketball**

(Ages 4-9) This class will teach children the basics of shooting, dribbling, and passing. To ensure children are learning the right fundamentals the basketball goal height will be adjusted by class. The class will focus on teaching skills and techniques; there will be a few scrimmages by the end of the session. No class 7/2. 8, 45-minute classes.

Mites (Ages 4-5)

IVITES (Ages 4-5)						
CODE	DAY	TIME	DATES	FEE		
117100a	SAT	9:00am	6/18-8/13	\$96		
117100b	SAT	10:00am	6/18-8/13	\$96		
Pee Wee	(Ages	6-7)				
CODE	DAY	TIME	DATES	FEE		
117110a	SAT	11:00am	6/18-8/13	\$96		
Junior (Ages 8-9)						
CODE	DAY	TIME	DATES	FEE		
117120a	SAT	12:00pm	6/18-8/13	\$96		

#### Soccer

(Ages 4-7) Kids will get a kick out of this class, which is designed to instruct youngsters in kicking, passing, rules, and learning good sportsmanship in a fun, non-competitive environment. Class meets at Foxridge Park. 5, 45-minute classes.

Mites	(Ages	4-5)

\$70 \$70
FEE
\$70
\$70

#### Lacrosse

(Ages 5-9) Here is a chance for kids to come out and learn about the game of lacrosse. Learn the techniques for scooping, cradling, passing, catching, and shooting. Practice the rules of the game in a fun, non-competitive environment. Class meets at Foxridge Park. No class 7/4. 5, 45-minute classes.

Pee Wee (Ages 5-6)

121100a 121100b	MON MON	<b>TIME</b> 5:30pm 5:30pm	<b>DATES</b> 6/13-7/18 7/25-8/22	\$70 \$70
Micro (A CODE 121200a 121200b	ges 7-9) DAY MON MON	<b>TIME</b> 6:15pm 6:15pm	<b>DATES</b> 6/13-7/18 7/25-8/22	<b>FEE</b> \$70 \$70

# **Preschool Sports Exploration**

(Ages 3-5) Introduce your child to the wonders of sports while providing development opportunities for your young child. Each week a different sport and activity will be introduced providing them with an opportunity to develop physical strength, eye-hand coordination, and gross motor skills in a fun and safe environment. Class meets at Foxridge Park. 5. 35-minute classes.

CODE	DAY	TIME	DATES	FEE
125100a	TUE	5:15pm	6/21-7/19	\$60
125102a	THU	9:30am	6/23-7/21	\$60



LESSON
Private Lessons
Partner Lessons

	FEE
4, 60-minute lessons	\$220
4, 60-minute lessons	\$320

### **Basketball Lessons**

(Ages 8 & up) A great chance to work on specific fundamentals of basketball including shooting, dribbling, and passing in a one-on-one setting. This also gives the young basketball player a regimen of drills that they can continue on their own. Please fill out a Private Basketball Lesson Request Form at www.idalee.org and you will be contacted to schedule lesson time and payment.

LESSON	
Private Lessons	3

Partner Lessons

4, 60-minute lessons \$220 4, 60-minute lessons \$320

# NFL Flag Football League



(Ages 6-15) This is a competitive league that will offer non-contact continuous football action, using minimal equipment. The offensive team plays for a first down at midfield and a touchdown in the end zone with "no-running zones" at midfield and near each goal line. The defensive team covers receivers, rushes the passer, and grabs flags to make "tackles."

Practices will begin in late August and games will start in September. A coach will contact you by August 12th to let you know about practice times and locations. Games and practices will be held at Ida Lee Park and Robinson Park. Games are on Saturdays and Sundays and practices are held on various weekday evenings throughout the week.

**Registration ends July 26th.** Upon registering, please visit www.idalee.org to fill out an online "NFL Player Information Form". Player Evaluation day will be held on July 30th and July 31st. An email will provide more details once registration has ended.

<b>CODE</b> 219100a	AGES Ages 6-7, Co-ed Ages 6-7, Co-ed	Registration by 7/1/16 Registration after 7/1/16	<b>FEE</b> \$120 \$140
219110a	Ages 8-9, Co-ed Ages 8-9, Co-ed	Registration by 7/1/16 Registration after 7/1/16	\$120 \$140
219115a	Ages 10-11, Co-ed Ages 10-11, Co-ed	Registration by 7/1/16 Registration after 7/1/16	\$120 \$140
219120a	Age 12, Co-ed Age 12, Co-ed	Registration by 7/1/16 Registration after 7/1/16	\$120 \$140
219125a	Ages 13-15, Co-ed Ages 13-15, Co-ed	Registration by 7/1/16 Registration after 7/1/16	\$120 \$140

\*Age as of September 1, 2016

No refunds will be given after the start date of July 26th.

# WE ARE LOOKING FOR COACHES!!

If interested in coaching your child's team, please call the NFL Flag Football League Manager for more details, 703-777-1368.

27



# sports academies

# fun • skills • fundamentals

# Flag Football Academy

(Ages 6-14) Improve your skills this summer at the flag football academies. Participants will learn offensive and defensive skills with specific focus on running, pass plays, receiving routes, and much more without the contact. Players will learn the NFL Flag rules and apply them to game play during the camp. Bring a snack and plenty of fluids daily. All participants must wear mouth guards. The week long academy meets at Ida Lee Park Lacrosse Field. 5, 3-hour days.

#### Pee Wee (Ages 6-8)

CODE	DAYS	TIME	DATES	FEE
143250a	M-F	9:00am	6/20-6/24	\$125
143250b	M-F	9:00am	7/11-7/15	\$125
143250c	M-F	9:00am	7/25-7/29	\$125
143250d	M-F	9:00am	8/8-8/12	\$125

#### Junior (Ages 9-14)

CODE	DAYS	TIME	DATES	FEE
143252a	M-F	9:00am	6/27-7/1	\$125
143252b	M-F	9:00am	7/18-7/22	\$125
143252c	M-F	9:00am	8/1-8/5	\$125
143252d	M-F	9:00am	8/15-8/19	\$125

# **Lacrosse Academy**

(Ages 9-14) Want to improve your game this summer? Join us at our lacrosse academy where you will learn the basics of the game such as passing, catching, cradling, scooping, and shooting. This is a non-contact academy that allows the participants to learn the defensive and offensive skills to play the game successfully. Basic equipment is provided, but feel free to bring your own stick if you have one. Bring a snack and plenty of fluids daily. The week long academy meets at Ida Lee Park Lacrosse Field. 5, 3-hour days.

CODE	DAYS	TIME	DATES	FEE
143242a	M-F	9:00am	7/11-7/15	\$125
143242b	M-F	9:00am	8/8-8/12	\$125

# **Basketball Academy**

(Ages 9-12) The academy will focus on offensive and defensive skills needed to be a successful player. Skills will be taught in a fun and structured drill format that can be applied in a game setting. Bring a snack and plenty of fluids daily. The week long academy meets at Ida Lee Park Recreation Center's Basketball Courts. 5, 3-hour days.

CODE	DAYS	TIME	DATES	FEE
143230a	M-F	9:00am	6/20-6/24	\$135
143230b	M-F	9:00am	8/1-8/5	\$135

# **Soccer Academy**

(Ages 6-11) Improve your skills at our summer soccer academies. Build a strong foundation by learning the basics of dribbling, passing, stopping, offensive positions, defensive positions, and scoring. These academies will start with the fundamentals and build upon those skills into advanced skills. These skills will be put to use in small games that participants will play against each other. Bring a snack and plenty of fluids daily. The week long academy meets at Ida Lee Park Lacrosse Field. 5, 3-hour days.

# Pee Wee (Ages 6-8)

CODE	DAYS	TIME	DATES	FEE
143244a	M-F	9:00am	6/20-6/24	\$125
143244b	M-F	9:00am	7/25-7/29	\$125
143244c	M-F	9:00am	8/15-8/19	\$125

#### Junior (Ages 9-11)

CODE	DAYS	TIME	DATES	FEE
143246a	M-F	9:00am	6/27-7/1	\$125
143246b	M-F	9:00am	7/11-7/15	\$125
143246c	M-F	9:00am	8/8-8/12	\$125

# **Advanced Soccer Academy**

(Ages 8-12) The Advanced Soccer Academy is for players who have at least one year of experience playing organized soccer. The academy will build upon the player's beginning soccer skills in a competitive and fun environment. Agility, coordination, and movement skills are part of the training. Bring a snack and plenty of fluids daily. The week long academy meets at Ida Lee Park Lacrosse Field. 5, 3-hour days.

CODE	DAYS	TIME	DATES	FEE
143248a	M-F	9:00am	7/18-7/22	\$125
143248b	M-F	9:00am	8/1-8/5	\$125

# **Volleyball Academy**

(Ages 10-14) The Volleyball Academy will focus on teaching the mechanics and fundamental skills needed for this great sport. In this camp, we will work on refining all aspects of the game along with teaching more advanced plays and aspects often left out during team coaching. Skills will be taught through a variety of drills and games designed by the coaches. Bring a snack and plenty of fluids daily. The week long academy meets at Ida Lee Park Recreation Center's Basketball Courts. 5, 3-hour days.

CODE	DAYS	TIME	DATES	FEE
143280a	M-F	9:00am	7/11-7/15	\$135
143280b	M-F	9:00am	7/18-7/22	\$135



AV SYMINGTON AQUATIC CENTER 2016 Passes on Sale Now!

Call 703-777-1368 or visit www.avsac.org for details.



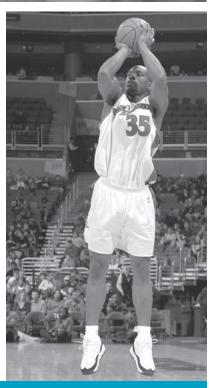
# **Nike SUMMER Basketball Camp**

(Ages 8-15) Nike Basketball Camp will return to Ida Lee Park Recreation Center this summer for three weeks. Led by former Washington Wizards forward Awvee Storey and his experienced staff, the camp will feature professional instruction for boys and girls, with the instruction designed for the specific skill level of the participants. Coach Storey was a standout collegiate basketball player at Arizona State University, before continuing his playing career professionally in the NBA with the Wizards, New Jersey Nets, and Milwaukee Bucks. Storey also competed professionally internationally in New Zealand and the Philippines. The instruction will focus on the game's fundamentals, instilling the importance of commitment, teamwork, character, and sportsmanship helping each camper reach his/her full potential.

### **Highlights Include:**

- Experienced staff with specifically-designed curriculum
- Special guest instruction from former/current NBA players
- Individual and team-focused skill stations and game-level competitions
- Official Nike Camp T-Shirt and daily prizes and awards
- Official Nike Camp Certificate

DAYS & TIMES	DATES	FEE
MON-THU, 9:00am-3:00pm & FRI 9:00am-12:00pm	6/27-7/1	\$300
MON-THU, 9:00am-3:00pm & FRI 9:00am-12:00pm	7/25-7/29	\$300
MON-THU, 9:00am-3:00pm & FRI 9:00am-12:00pm	8/8-8/12	\$300





# martial arts

classes • workshops • private lessons

# **Karate**

(Ages 6 & up) This class provides traditional Karate training that teaches discipline, builds confidence and character, and instills traditional martial arts values; such as honor, honesty, courage, humility, and loyalty. The training objective is to provide meaningful and enjoyable learning experiences for every participant that foster individual growth; inside and outside the martial arts training. Karate uniforms may be purchased through the instructors. Class meets at OIWPB.

#### **Youth Beginning Karate**

(Ages 6-14) 8, 45-minute classes.

CODE	DAYS	TIME	DATES	FEE
122100a	T/TH	6:15pm	6/28-7/21	\$80
122100b	T/TH	6:15pm	7/26-8/18	\$80

### **Youth Progressive Karate**

(Ages 6-14) 8, 45-minute classes.

CODE	DAYS	TIME	DATES	FEE
122110a	T/TH	6:15pm	6/28-7/21	\$80
122110b	T/TH	6:15pm	7/26-8/18	\$80

#### **Adult Karate**

(Ages 14 & up) 8, 75-minute classes.

CODE	DAYS	TIME	DATES	FEE
122120a	T/TH	7:30pm	6/28-7/21	\$108
122120b	T/TH	7:30pm	7/26-8/18	\$108

# **Private Lessons**

# **Martial Arts**

(Ages 5 & up) Choose from a variety of martial arts disciplines in a private setting. Instructor specializes in:

- Shaolin Kung Fu
- Kempo
- Karate
- Ju Jitsu
- Aikido
- Tai Chi
- and various self-defense tactics

Please fill out a Private Martial Arts Lesson Request Form at www.idalee.org or call 703-777-1368 for more information. Private lessons or partner training is available in 30-minute or 60-minute sessions.

LESSON	FEE
4, 30-minute lessons	\$100
4, 60-minute lessons	\$200



This symbol indicates classes meet at

(OIWPB)

Olde Izaak Walton Park Building!

# Business Meetings, Family Reunions, Wedding Receptions, Group Functions





### Ida Lee Can Accommodate Your Needs!

Ida Lee has a variety of meeting and banquet spaces to meet your special event needs. Our facility features rooms that can accommodate up to 175 people for a seated banquet. Our lower level has over 3,000 sq. ft. of meeting space, an outdoor patio, and a full service warming/catering kitchen.

rentalcoordinator@leesburgva.gov • 703-737-2371

# fundamentals • mechanics • skills

# **Beginner Gymnastics I**

(Ages 4-12) This is a modified beginner gymnastics class and a great continuation after Preschool Gymnastics II. Students will warm-up, work on strength conditioning, and do "big kid" gymnastics with emphasis on learning skills and following instructions. Skills include rolls, handstands, and cartwheels in addition to basic skills on the balance beam, bars, and vault, Class meets at OIWPB. No class 7/4.

(Ages 4-6) 8, 50-minute classes.

CODE DAY **DATES** TIME **FEE** 120130a MON 4:15pm 6/20-8/15 \$96

(Ages 7-12) 8, 60-minute classes.

CODE DAY TIME **DATES** FEE 120130c **WED** 4:15pm 6/22-8/10 \$108

# **Gymnastics II**

(Ages 5-12) This class concentrates on perfecting skills learned in the beginner class while progressing on to more advanced skills. Strength and flexibility work are instrumental in the ability to attain the skills being taught on floor, bars, balance beam, and vault. Other skills include handstand roll down, cartwheels, back walkovers, and round offs. Prerequisite: 2 sessions of Gymnastics I or instructor's permission. Class meets at OIWPB. 8, 60-minute classes.

(Ages 5-7)					
CODE	DAY	TIME	DATES	FEE	
120140a	TUE	4:15pm	6/21-8/9	\$108	

(Ages 8-12) CODE DAY TIME **DATES FEE** 120140b TUF 5:15pm 6/21-8/9 \$108

# **Gymnastics III**

(Ages 6-12) This class will prepare students to move into the Intermediate Level by developing higher level skills through progressive drills and increasing strength and flexibility. Students will work to develop the needed skills for both the floor and equipment. Prerequisite: 2 sessions of Gymnastics II or instructor's permission. Class meets at OIWPB. 8, 75-minute classes.

TIME CODE DAY **DATES** FEE 120145a THU 4:30pm 6/23-8/11 \$136



This symbol indicates classes meet at (OIWPB)

Olde Izaak Walton Park Building!

# **Intermediate Gymnastics**

(Ages 6-14) This class has a higher concentration on flexibility and strength through conditioning and drills. Students will perfect more intermediate skills, as well as begin advanced level skills. Prerequisite: 2 sessions of Gymnastics III or instructor's permission. Class meets at OIWPB. No class 7/4. 8, 75-minute classes/\*7, 75-minute classes.

CODE	DAY	TIME	DATES	FEE
120150a	M/W	5:15pm	6/20-7/13	\$119*
120150b	M/W	5:15pm	7/18-8/10	\$136

# **Intermediate Gymnastics II**

(Ages 6-14) Attending class two times a week will enhance the progress of the student towards achieving the skills taught. Heavy emphasis on flexibility and strength during the warm up, will aid in achieving the advanced skills being taught. Skills learned will include mounts and dismounts and intermediate level skills on equipment. Tumbling skills will include round off back handsprings, back tucks, and aerials on the floor. Prerequisite: Instructor's permission. Class meets at OIWPB. No class 7/4. 8, 75-minute classes/\*7, 75-minute classes.

CODE	DAYS	TIME	DATES	FEE
120155a	M/W	5:15pm	6/20-7/13	\$119*
120155b	M/W	5:15pm	7/18-8/10	\$136

# **New** Gymnastics III Academy

(Ages 7-12) This camp is for children with a solid foundation of gymnastics and looking to progress on to more advance skills. Strength and flexibility are an important factor in learning the advance skills taught in this camp. Two sessions are necessary in the Gymnastics III Academy in order to achieve the skills taught in this camp. Recommended skills to have on floor are: front limber, working front and back walkovers, round off, and working handstand press. Skills needed on beam are: walks on high toe, forward rolls, combination jumps, cartwheel, side handstand, and round off dismount. Skills needed for the bars are: pullovers, cast back hip circle, shoot threw, mill circles, and sole circle dismounts. Skills needed for the vault are: working front handspring. Please have your child bring a water bottle, snack, and a plain white T-shirt to decorate for a last day of camp demonstration. Class meets at OIWPB. 5, 3-hour classes.

CODE	DAYS	TIME	DATES	FEE
143201a	M-F	9:00am-12:00pm	7/18-7/22	\$135



# academies

# at Olde Izaak Walton Park Building

# Cheerleading and Gymnastics Academy



(Ages 6-12) This is a beginner camp, no experience necessary. Here's your chance to combine the skills of gymnastics with cheerleading. Learn various cheers, jumps, dance routines, and some beginner stunts. Also, learn tumbling routines to add to the cheers. The camp will focus on teamwork and fun. At the end of the camp, we will have a choreographed dance, cheer, and tumbling routine to demonstrate for the parents. Please bring a water bottle and snack. For those who join our all-day program, please bring a lunch as well. Class meets at OIWPB. 5, 7-hour classes/\*5, 3-hour classes.

CODE	DAYS	TIME	DATES	FEE
143270a	M-F	9:00am-12:00pm	6/20-6/24	\$135*
143270b	M-F	9:00am-4:00pm	7/11-7/15	\$230
143270c	M-F	9:00am-12:00pm	8/1-8/5	\$135*
143270d	M-F	9:00am-4:00pm	8/15-8/19	\$230

# Preschool Gymnastics Academy



(Ages 3-4) Introduce your child to movement, coordination, and balance in a gymnastics environment. This mini-camp will cover basic developmental gymnastics, listening skills, and following instructions as well as having FUN! Children will be broken into different age groups during camp. Class meets at OIWPB. 5, 45-minute classes.

CODE	DAYS	TIME	DATES	FEE
143272a	M-F	9:00am-9:45am	6/27-7/1	\$50
143272b	M-F	9:00am-9:45am	7/25-7/29	\$50
143272c	M-F	9:00am-9:45am	8/8-8/12	\$50

# Preschool Gymnastics II Academy



(Ages 5-6) This academy is a continuation of skills for students who have participated in previous gymnastics program and continues to prepare the student for the beginner gymnastics level. Students will be introduced and taught basic skills on the floor, balance beam, bars and vault, as well as continue to work on coordination, balance, and movement. Class meets at OIWPB. 5, 60-minute classes.

CODE	DAYS	TIME	DATES	FEE
143272d	M-F	10:00am-11:00am	6/27-7/1	\$68
143272e	M-F	10:00am-11:00am	7/25-7/29	\$68
143272f	M-F	10:00am-11:00am	8/8-8/12	\$68



This symbol indicates classes meet at (OIWPB) Olde Izaak Walton Park Building!

# **Beginner Gymnastics Academy**



(Ages 7-12) This camp is geared towards students who have limited gymnastics experience and beginner skills. Camp will emphasize learning tumbling skills and basic skills on the balance beam, bars, and vault. Students will receive group and individual instruction tailored to their need. Please bring a water bottle and snack. Class meets at OIWPB. 5, 3-hour classes.

CODE	DAYS	TIME	DATES	FEE
143271a	M-F	12:00pm-3:00pm	6/27-7/1	\$135
143271b	M-F	12:00pm-3:00pm	7/25-7/29	\$135
143271c	M-F	12:00pm-3:00pm	8/8-8/12	\$135

# **Gymnastics II Academy**



(Ages 7-12) This camp is for those with some gymnastic experience or who have had 3 sessions with Ida Lee's beginner gymnastic program. Strength and flexibility work are instrumental in the ability to attain the skills being taught not only on floor but bars, beam, and vault as well. Floor skills needed are solid cartwheel, handstand, and straight arm back bend. Children should have some experience on the equipment. Please have your child bring a water bottle, snack, and a plain white T-shirt to decorate for a last day of camp demonstration. Class meets at OIWPB. 5. 3-hour classes/\*4. 3-hour classes.

CODE	DAYS	TIME	DATES	FEE
143200a	T-F	1:00pm-4:00pm	7/5-7/8	\$108*
143200b	M-F	1:00pm-4:00pm	7/18-7/22	\$135
143200c	M-F	1:00pm-4:00pm	8/1-8/5	\$135

# Intermediate/Advanced Tumbling Gymnastics Academy



(Ages 7-12) This camp focuses solely on tumbling and gymnastics skills. Learn flexibility and strength through conditioning and drills. Perfect more intermediate skills, as well as begin advanced level skills. Students need to be able to perform a cartwheel and have some general knowledge of the sport. Please bring a water bottle and snack. Class meets at OIWPB. 5, 3-hour classes/\*4, 3-hour classes.

CODE	DAYS	TIME	DATES	FEE
143273a	M-F	1:00pm-4:00pm	6/20-6/24	\$135
143273b	T-F	9:00am-12:00pm	7/5-7/8	\$108*



SEE PAGE 22 FOR DETAILS.

VALID 5.1.16-9.15.16

# fundamentals • learning • fun

# **Private Voice Lessons**

(Ages 13 & up) Students learn the rudimentary concepts of healthy singing techniques such as good posture, proper diction, and the use of the lower abdominal and diaphragm muscles. Students will develop these basic skills by singing simple and fun vocal exercises and learning popular musical theater and folk. Please fill out a Private Voice Lesson Request Form online at www.idalee.org and you will be contacted to schedule lesson time and payment.

LESSON	FEE
1, 30-minute lesson	\$25
4, 30-minute lessons	\$90

# **Private Keyboarding/Piano Lessons**

(Ages 6 & up) Provides the beginning piano student with an introduction to the fundamental concepts of piano performance and knowledge of basic music theory and musicianship. All students must have home access to a keyboard/piano for practice purposes. Please fill out a Private Keyboard/Piano Request form at www.idalee.org and you will be contacted to schedule lesson time and payment.

LESSON	FEE
1, 30-minute lesson	\$25
4, 30-minute lessons	\$90

# MAW Private Training for the Family Dog

(Ages 10 & up) The instructor, who has trained pets and show dogs, will tailor lessons to your situation so that your dog becomes both a good teammate and a well-behaved member of the family. Please fill out a Private Training for the Family Pet Request Form online at www.idalee.org and you will be contacted regarding payment and lesson time.

LESSON	FEE
1, 30-minute lesson	\$45
4, 30-minute lessons	\$160
8, 30-minute lessons	\$300

# **Puppy Preschool**

(Ages 16 & up) Focusing on a positive training methodology as well as general care of your dog, class will cover common problems such as housebreaking, chewing, jumping up on people, and mouthing. This class will lay the foundation for your puppy to begin to learn. Class is open to puppies less than six months old on the first day of class. All dogs are required to be registered and up to date on all vaccinations. Please bring verification to first session. Class meets at OIWPB. 6, 45-minute classes.

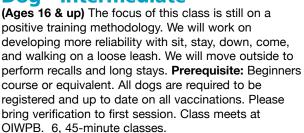
CODE	DAY	TIME	DATES	FEE
110380a	SAT	11:00am	7/9-8/13	\$110

# **Training for the Family Dog - Beginners**

(Ages 16 & up) Learn how to train your dog and how a dog learns. The class will focus on a positive training methodology to teach such basics as sit, stay, down, come, and walking on a loose leash. This class is open to all dogs at least four months old. All dogs are required to be registered and up to date on all vaccinations. Please bring verification to first session. Class meets at OIWPB. 6, 45-minute classes.

CODE	DAY	TIME	DATES	FEE
110382a	SAT	10:00am	7/9-8/13	\$110

# **Training for the Family Dog - Intermediate**



CODE	DAY	TIME	DATES	FEE
110383a	SAT	12:00pm	7/9-8/13	\$110

# **Dog Tricks**

(Ages 10 & up) Tricks are a great way to improve training skills while having fun and building a strong relationship with your dog. The class teaches you how to encourage some playful dog tricks using props and interactive games that you can use at home. Using positive training methodology you will learn two new tricks a week such as: roll over, high five, take a bow, and many more. This class is all about fun and can be tailored to fit class interests. Prerequisite: This class is for dogs 6 months and older that have successfully completed Training for the Family Dog – Basic or Intermediate, or equivalent. Minors must be accompanied by a parent. All dogs are required to be registered and up to date on all vaccinations. Please bring verification to first session. Class meets at OIWPB. 6, 45-minute classes.

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CODE	DAY	TIME	DATES	FEE	
110381a	SAT	1:00pm	7/9-8/13	\$100	



This symbol indicates classes meet at (OIWPB)

Olde Izaak Walton Park Building!



Find Us on Facebook Ida Lee Park





# in the kitchen

# homemade goodies

# **Cookie Creations**

(Ages 2-5) Bring your imaginations and creativity for this fun and delicious class! Please bring an apron and a container to take home your edible art. Parent/Guardian involvement required. 1, 45-minute class.

# Freedom, Fireworks, & Fun!

CODE	DAY	TIME	DATE	FEE
110130a	THU	9:15am	7/7	\$10

### **Rays and Waves**

 CODE
 DAY
 TIME
 DATE
 FEE

 110130b
 THU
 10:00am
 7/28
 \$10

### **Cool Breeze and Shady Trees!**

CODE	DAY	TIME	DATE	FEE
110130c	THU	9:15am	8/11	\$10

# **Creative Cupcakes**

(Ages 7-13) Participants will create and bake cupcakes each week using a different themed recipe. Every week their recipes will be tested and perfected – helping to build their skills in the kitchen and the art of cupcake mastery. As the students progress, they will choose 3 of their best cupcakes to be judged on taste and appearance during the last class. Participants are responsible for bringing an apron, a cookie sheet, and containers to carry any baked items home. Please bring any unique, creative, or even your favorite cupcake and/or icing recipe to share at the first class. 4, 2 ½-hour classes.

CODE	DAY	TIME	DATES	FEE
110124a	MON	6:00pm	6/6-6/27	\$100
110124b	MON	6:00pm	7/18-8/8	\$100



theatre

# **Summer Student Theatre Club:** The Wizard of Oz

(Ages 8-17) Come join in a casual performance of The Wizard of Oz! Due to limited time, students will audition and receive their assignments during the first class. Students will be responsible for their own costumes, and are welcome as actors and as part of a production crew. Family and friends are invited to observe the performance on the last day of class! 8, 90-minute classes.

 CODE
 DAYS
 TIME
 DATES
 FEE

 111301a
 M/TH
 4:15pm
 7/18-8/11
 \$75

# **NEW** Creative Composers: The Wizard of Oz

(Ages 8-17) Students will learn how to use basic music theory and musicianship to construct and sing original short songs to be performed in a joint abridged production of "The Wizard of Oz." Family and friends are invited to observe the performance on the last day of class! 8, 60-minute classes.

 CODE
 DAYS
 TIME
 DATES
 FEE

 111303a
 M/TH
 4:45pm
 7/18-8/11
 \$55

AQUATIC PASSES

# AV SYMINGTON AQUATIC CENTER 2016 Passes on Sale Now!











**Enjoy your next event** at one of our pavilions. 703-737-2371 • www.idalee.org



101 Dalmatians

Thursday, June 23: **Homeward Bound: The Incredible Journey** 

Thursday, July 28: Honey, I Shrunk the Kids

Thursday, August 25: The Fox and the Hound

> Movies begin at dusk. Free Event open to all ages. www.idalee.org

SAVE YOUR THURSDAY NIGHTS for Ida Lee Park



# dance

# all ages can learn to dance at Ida Lee

# youthdance

# **Pre-Ballet**

(Ages 3-5) This is an introductory course for tots interested in ballet. The class will simplify all movements to prepare your child to participate in Ballet I. Parents are invited to observe the last class. 4, 45-minute classes.

CODE	DAY	TIME	DATES	FEE
106100a	SAT	9:00am	7/23-8/13	\$45
106100b	SAT	10:00am	7/23-8/13	\$45

# Ballet I

(Ages 5-6) Children will learn the basics of formal ballet. Posture, positions, and style will be introduced and strengthened. Ballet is a fun way to teach your child the importance of daily physical activities. Children will be introduced to music rhythm and working basic technique. Parents are invited to observe the last class. 4, 45-minute classes.

CODE	DAY	TIME	DATES	FEE
106102a	SAT	11:00am	7/23-8/13	\$45

# **Jazz Mini Dancers**

(Ages 3-5) This introductory class will focus on fundamentals of dance movement through exploration of direction, level, speed, and rhythm. Students will begin to understand movement concepts of isolation and coordination. They will learn basic jazz steps and simple combinations set to fun, upbeat, contemporary music in an age appropriate setting which focuses on fun and creativity. 4, 45-minute classes.

CODE	DAY	TIME	DATES	FEE
106174a	SAT	12:00pm	7/23-8/13	\$45

# **Teen Ballet Basics**

(Ages 13-18) For teens who have always wanted to take ballet, but never had the chance and students who want to improve technique. Ballet is great training for gymnasts, color guard, preparing for the school musical, and more. Performance opportunities may be available, but not mandatory for registrants. 5. 50-minute classes.

 CODE
 DAY
 TIME
 DATES
 FEE

 106176a
 TUE
 6:00pm
 7/19-8/16
 \$55

# UNLIMITED CHILD CAREPASSES UNLIMITED CHILD CAREPASSES

SEE PAGE 15 FOR DETAILS

# **NAW** Student Ballet Production

(Ages 7-18) Come put your ballet skills on display as you produce your own version of "Peter and the Wolf." Performance will be available to a limited audience at the end of the session. 6. 90-minute classes.

CODE	DAY	TIME	DATES	FEE
106170a	WED	4:15pm	7/13-8/17	\$75

# adultdance

# **Ballet for Adults**

(Ages 18 & up) A great way to stay limber and to strengthen muscles and posture. Designed for the intermediate level, but all are welcome. 5, 50-minute classes.

CODE	DAY	TIME	DATES	FEE
106177a	TUE	7:00pm	7/19-8/16	\$55
106177b	WED	9:00am	7/20-8/17	\$55

# **Beginner Ballet for Adults**

(Ages 18 & up) This beginning class is a great way to stay limber and to strengthen muscles and posture. 5. 50-minute classes.

CODE	DAY	TIME	DATES	FEE
106178a	THU	6:00pm	7/21-8/18	\$55

# Intermediate Ballet for Adults

(Ages 18 & up) This intermediate class is a great way to build upon techniques learned in the beginners class and to add more to the routine that helps you stay limber while strengthening your muscles and posture. 5, 50-minute classes.

CODE	DAY	TIME	DATES	FEE
106172a	WED	6:00pm	7/20-8/17	\$55

# MAW Contemporary/Modern Dance

(Ages 18 & up) This technique class offers barre and floor exercises in a variety of contemporary/modern styles. Complete dances and improvisation will also be introduced. Open to all levels. Performance opportunities may be available, but not mandatory for registrants. 5, 50-minute classes.

CODE	DAY	TIME	DATES	FEE
106175a	WED	7:10pm	7/20-8/17	\$55

# **Private Lessons**

# **Private Dance Lessons**

(Ages 18 & up) Private lessons are available through Ida Lee Park Recreation Center. Whether it's for an upcoming wedding, dance, a special party, or just because you have always wanted to learn, now is your chance! Private lessons allow for specialized, individualized lessons based on your needs and schedule. Students will be placed on a waitlist and contacted regarding availability and type of dance preferred. Please fill out a Private Dance Request Form at www.idalee.org and you will be contacted regarding payment and lesson time.

LESSON

FEE

1, 60-minute lesson 10, 60-minute lessons \$50/single or couple \$450/single or couple

# Wedding Couples Dance Lessons

(Ages 18 & up) Couples will learn two dances – their first dance and their dance of choice for the reception. If you bring in your wedding song, the instructor will create a dance. If you are not sure where to start, the instructor can provide music and dance suggestions to make your special day one you will never forget. Please fill out a Private Dance Lesson Request Form at www.idalee.org and you will be contacted to schedule your lesson time and payment.

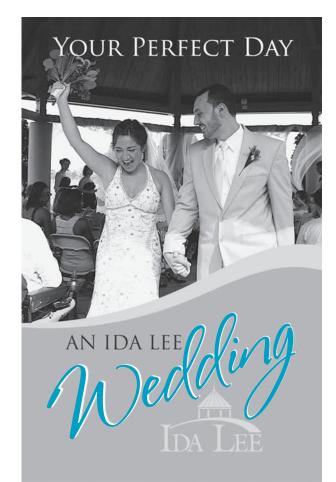
**LESSON FEE** 6, 60-minute lessons \$275



# **Memorial Day Observance**

Monday, May 30th, 10:00am

This annual observance will commemorate those who have lost their lives in battle serving the United States, as well as recognize the brave military men and women who serve our country. Held at the Loudoun County Court House, this ceremony is highlighted by a guest speaker and the reverent laying of the wreaths at several war memorials.





Planning a business meeting, a family reunion, a wedding, a wedding reception, or other group function?

### WE CAN ACCOMMODATE YOUR NEEDS!

Ida Lee has a variety of meeting and banquet spaces to meet your special event needs. Our facility features rooms that can accommodate up to 175 people for a seated banquet. Our lower level has over 3,000 sq. ft. of meeting space, an outdoor patio, and a full service warming/catering kitchen.

703-737-2371 or rentalcoordinator@leesburgva.gov





# academies

# inventive • original • learning

# **NAW** Little Sprouts Art Camp: Plein Air Painting



5, 3-hour classes.

DAYS	TIME	DATES	FEE
M-F	9:00am	6/20-6/24	\$175
M-F	9:00am	7/11-7/15	\$175
M-F	9:30am	7/18-7/22	\$175*
M-F	9:30am	8/15-8/19	\$175*
	M-F M-F M-F	M-F 9:00am M-F 9:00am M-F 9:30am	M-F 9:00am 6/20-6/24 M-F 9:00am 7/11-7/15 M-F 9:30am 7/18-7/22

meet at OIWPB/\*Session c & d at Ida Lee Park.

# **Nature Academy**

(Ages 6-10) The class includes daily hikes, arts and crafts, and science projects. Prepare to get your hands dirty as you immerse in nature! Class meets at OIWPB. 5, 3-hour classes.

CODE	DAYS	TIME	DATES	FEE
143274a	M-F	9:00am	6/27-7/1	\$110
143274b	M-F	9:00am	7/18-7/22	\$110
143274c	M-F	9:00am	8/1-8/5	\$110
143274d	M-F	9:00am	8/22-8/26	\$110

# **Chess Academy**

(Ages 5-13) Spend a few days with the Silver Knights chess coaches, including several champions and national masters! Learn openings, tactics, end games, and more. Beginner through experienced players are welcome. Snack and breaks planned, as well as lunch and recess, so please bring a bagged lunch and snack. Every camper receives a t-shirt and a chess set. Class meets at OIWPB. 4, 3-hour days.

 CODE
 DAYS
 TIME
 DATES
 FEE

 143345a
 T-F
 1:00pm
 7/5-7/8
 \$169

# Young Rembrandts™: Exotic Animals

(Ages 6-12) We will use a variety of drawing techniques and media to create realistic, graphic, and cartoon images of exotic animals in their habitats. Use markers, color pencils, and pastels to draw big cats, primates, colorful birds, and other animals. Please bring a smock, snack, and a drink daily. This is a contracted program. A provider fee is due upon enrollment – please complete enrollment online at www.youngrembrandts.com/loudounfairfax.va. Camp meets at OIWPB. 5, 3-hour classes.

CODE	DAYS	TIME	DATES	FEE
143275a	M-F	9:00am	6/20-6/24	\$67.50
Provider Fe	e			\$157.50

# Young Rembrandts™: Anime Workshop

(Ages 6-12) Learn to make your own Anime cartoons! We draw faces with classic oversized eyes and stylized hair, and characters in full poses. We illustrate our own action-packed Anime comic book scene that tells a story in frame-by-frame story layout. Please bring a smock, snack, and a drink daily. This is a contracted program. A provider fee is due upon enrollment – please complete enrollment online at www.youngrembrandts.com/loudounfairfax.va. Camp meets at OIWPB. 5, 3-hour classes.

 CODE
 DAYS
 TIME
 DATES
 FEE

 143276a
 M-F
 1:00pm
 6/20-6/24
 \$67.50

 Provider Fee
 \$157.50

# **New** Young Rembrandts™: Colorful Critters

(Ages 6-12) Kids loves animals and we have fun drawing friendly critters in familiar settings. We compose colorful compositions of whimsical bees in a flower garden, shimmering fish underwater, a regal owl in flight, and fanciful frogs on lily pads. We use a variety of media to practice drawing shapes and proportions, then use chalk pastels to practice color harmony, contrast, and shading. This is a contracted program. A provider fee is due upon enrollment – please complete enrollment online at www.youngrembrandts.com/loudounfairfax.va. Camp meets at OIWPB. 5, 3-hour classes.

 CODE
 DAYS
 TIME
 DATES
 FEE

 143277a
 M-F
 1:00pm
 7/18-7/22
 \$67.50

 Provider Fee
 \$157.50

# **TRUU** Young Rembrandts™: Castles and Thrones

(Ages 9-12) Travel back in time to the Middle
Ages to draw royal princes and princesses, knights,
castles, and dragons. Students learn how to illustrate
period-specific characters and scenes, while
strengthening their drawing and coloring skills. From
knights in shining armor to elegantly-dressed maidens,
our students will learn how to compose compelling
figures in a medieval setting. Please bring a smock,
snack, and a drink daily. This is a contracted
program. A provider fee is due upon enrollment –
please complete enrollment online at
www.youngrembrandts.com/loudounfairfax.va.
Camp meets at OIWPB. 5, 3-hour classes.

CODE	DAYS	TIME	DATES	FEE
143278a	M-F	9:00am	8/8-8/12	\$67.50
Provider Fe	е			\$157.50

SUMMER ACADEMIES



# **New** Young Rembrandts™: Modern Masters

(Ages 9-12) Young artists are inspired by the modern Masters, including Matisse, Van Gogh, Cezanne, Monet, and Thiebaud. We create bold shapes and color, explore texture and movement, and effect tone and light variations in still life, landscape, and colorful graphic designs. We use a color pencil and markers to practice different techniques and styles, and complete a chalk pastel study each day. Please bring a smock, snack, and a drink daily. This is a contracted program.

A provider fee is due upon enrollment –

please complete enrollment online at www.youngrembrandts.com/loudounfairfax.va. Camp meets at OIWPB. 5. 3-hour classes.

 CODE
 DAYS
 TIME
 DATES
 FEE

 143300a
 M-F
 1:00pm
 8/8-8/12
 \$67.50

 Provider Fee
 \$157.50

**New** Young Rembrandts™: Horsing Around

(Ages 9-12) In this Horse Drawing Workshop, we learn how to draw close-ups of horse heads, full figure poses, and related equine scenes and accessories. We use a variety of drawing and cartooning styles to illustrate expressions, details, and structured compositions of horses in action and at home on the farm. We practice with different media to create precision pencil drawings, playful cartoon mock-ups, and softly evocative pastel portraits of these graceful and majestic animals. This is a contracted program. A provider fee is due upon enrollment – please complete enrollment online at

www.youngrembrandts.com/loudounfairfax.va.

Camp meets at OIWPB. 5, 3-hour classes.

 CODE
 DAYS
 TIME
 DATES
 FEE

 143281a
 M-F
 1:00pm
 8/15-8/19
 \$67.50

 Provider Fee
 \$157.50

# IGW Young Rembrandts™: Underwater Explorers

(Ages 6-12) In this comical drawing workshop, we create our spunky team of animal adventurers. Sketch friends, using cartoon techniques such as proportion, exaggeration, and personification. We draw these cartoon characters in their underwater sea station, operating their high-tech equipment, and encountering weird and wonderful deep sea creatures. Cartooning skills including expression, sequencing, and scenic development enable us to create multi-layered characters and compositions in this visual story-telling adventure. This is a contracted program. A provider fee is due upon enrollment – please complete enrollment online at www.youngrembrandts.com/loudounfairfax.va. Camp meets at OIWPB. 5, 3-hour classes.

 CODE
 DAYS
 TIME
 DATES
 FEE

 143279a
 M-F
 1:00pm
 6/27-7/1
 \$67.50

 Provider Fee
 \$157.50



This symbol indicates classes meet at Olde Izaak Walton Park Building (OIWPB)

# Art Camp by Abrakadoodle: If You Give A Kid A Paintbrush

(Ages 6-11) This camp theme centers on a popular children's book series! Campers will create two imaginative works of art each day by using a variety of mediums and artistic styles. This is a contracted program. A provider fee is due upon enrollment – please complete enrollment online at www.abrakadoodle.com/va-loudoun-county-register. Class meets at OIWPB. 4, 3-hour days.

 CODE
 DAYS
 TIME
 DATES
 FEE

 143301a
 T-F
 9:00am
 7/5-7/8
 \$58

 Provider Fee
 \$132

# Art Camp By Abrakadoodle: SuperDoodle

(Ages 6-11) This camp theme is about Super Size, Superheroes, and Super FUN! Imagine your own superheroes and bring them to life in sculptures, paintings, and more. Campers will create two works of art each day! This is a contracted program. A provider fee is due upon enrollment – please complete enrollment online at

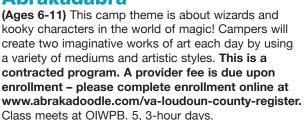
**www.abrakadoodle.com/va-loudoun-county-register.** Class meets at OIWPB. 5, 3-hour days.

 CODE
 DAYS
 TIME
 DATES
 FEE

 143308a
 M-F
 9:00am
 7/25-7/29
 \$70

 Provider Fee
 \$165

# MAMI Art Camp by Abrakadoodle: Abrakadabra



 CODE
 DAYS
 TIME
 DATES
 FEE

 143311a
 M-F
 1:00pm
 8/1-8/5
 \$70

 Provider Fee
 \$165

# MAMI Art Camp by Abrakadoodle: Mad About Movies

(Ages 6-11) Make marvelous movie art in this FUN camp! Recreate favorite characters from minions to dinosaurs to out of this world environments! Campers will create two works of art each day by using a variety of materials and artistic styles. This is a contracted program. A provider fee is due upon enrollment –

please complete enrollment online at www.abrakadoodle.com/va-loudoun-county-register. Class meets at OIWPB. 5. 3-hour days.

 CODE
 DAYS
 TIME
 DATES
 FEE

 143314a
 M-F
 1:00pm
 8/22-8/26
 \$70

 Provider Fee
 \$165



Find Us on Facebook Ida Lee Park









# MAW Little Scholars: Backyard Games

(Ages 3-6) Get outside and PLAY! Kickball, Dodgeball, Capture The Flag, SPUD, and many more thrilling outside adventures are coming! Come out and have some good ol' backyard fun while building teamwork skills, gross motor skills, and critical thinking skills. Participants must be potty trained. This is a contracted program. A provider fee is due to the instructor on the first day of class. Class meets at OIWPB. 5, 3-hour days.

 CODE
 DAYS
 TIME
 DATES
 FEE

 143305a
 M-F
 9:00am
 6/13-6/17
 \$57.50

 Provider Fee
 \$137.50

# **IRW** Little Scholars: Dino Discovery

(Ages 3-6) Do you know which dinosaur was nicknamed "long neck?" Do you know which dinosaur had the biggest head? Join us for a colossal journey into the world of dinosaurs. Build a dinosaur replica and have an archeological dig just like a real paleontologist. In Dino Discovery, you will have a swamp stomping good time! Participants <a href="must">must</a> be potty trained. This is a contracted program. A provider fee is due to the instructor on the first day of class. Class meets at OIWPB. 5, 3-hour days. CODE DAYS TIME DATES FEE

9:00am

\$57.50

\$137.50

6/27-7/1

Little Scholars: Hablo Español

M-F

143310a

Provider Fee

(Ages 3-6) Ever wondered how to say your favorite words in Spanish? Join us on a journey to be introduced to the basics of the second most spoken language in the world through an innovative, dual language, thematic approach with games, stories, songs, and art. Children participating in this camp will be exposed to the following Spanish concepts: colors, body parts, numbers, family members, and common phrases. Participants <u>must</u> be potty trained. This is a contracted program. A provider fee is due to the instructor on the first day of class. Class meets at OIWPB, 5, 3-hour days.

 CODE
 DAYS
 TIME
 DATES
 FEE

 143309a
 M-F
 9:00am
 7/11-7/15
 \$57.50

 Provider Fee
 \$137.50

# Little Scholars: World Travelers

(Ages 3-6) Grab your passport because we are going to take a journey around the world! Visit a new country each day through literature, games, art activities, geography, and history. Discover the thrills of travel without leaving the comfort of summer camp! Participants must be potty trained. This is a contracted program. A provider fee is due to the instructor on the first day of class. Class meets at OIWPB. 5, 3-hour days.

 CODE
 DAYS
 TIME
 DATES
 FEE

 143302a
 M-F
 9:00am
 7/25-7/29
 \$57.50

 Provider Fee
 \$137.50

# **Little Scholars: Mermaid Gals & Pirate Pals**



(Ages 3-6) Ahoy Mates and Mermaids... let's set sail on an adventure into the world of mermaids and pirates. Treasure hunts, sand castle building, and mystical ocean discoveries await our pirates and mermaids. This adventure will dive deep into the music, arts, language development, and social skills (just don't tell the real pirates!). Participants <a href="must">must</a> be potty trained. This is a contracted program. A provider fee is due to the instructor on the first day of class. Class meets at OIWPB. 5, 3-hour days.

 CODE
 DAYS
 TIME
 DATES
 FEE

 143307a
 M-F
 9:00am
 8/8-8/12
 \$57.50

 Provider Fee
 \$137.50

# Little Scholars: Ready, Set, Go to Kindergarten

(Ages 3-6) Pack your backpack because we are heading to Kindergarten! Get a jump start on the Kindergarten year. We will cover the skills necessary for a solid educational foundation and a smooth transition to Kindergarten. Letter recognition, reading readiness, comprehension skills, math readiness, and motor skill are the cornerstones of this camp. Participants <a href="mailto:must">must</a> be potty trained. This is a contracted program. A provider fee is due to the instructor on the first day of class. Class meets at OIWPB. 5, 3-hour days.

 CODE
 DAYS
 TIME
 DATES
 FEE

 143306a
 M-F
 9:00am
 8/22-8/26
 \$57.50

 Provider Fee
 \$137.50



# WebTrac

online registration is available. Visit www.idalee.org or call 703-777-1368 for details.

This symbol indicates classes meet at (OIWPB)

Olde Izaak Walton

Olde Izaak Waltoı Park Building!



# av camps



# it's fun to be a camper at Ida Lee

\*\*Forms are available in an online format this vear! All required camp paperwork is available for download from our website.\*\*

**Tiny Tykes Camp** (Ages 3-4) Preschoolers will engage in circle time activities, indoor free play, create art projects, and enjoy music time. They will have indoor swimming on T/TH and outdoor playground play on M/W/F. Children should bring a snack and drink each day. Registration fee includes 2 camp T-shirts to be worn daily; additional T-shirts may be purchased. Child must turn 3 or 4 years of age by May 1, 2016 and be fully potty trained to attend camp. No camp 7/4. 10, 3-hour days/\*9, 3-hour days.

Tiny Tykes Non-Refundable Registration Fee (Prerequisite for camp sessions)

CODE	DAYS	TIME	DATES	FEE
141101a	M-F	9:00am-12:00pm	6/20-8/12	\$30

#### **CAMP SESSIONS**

#### Morning Camp (9:00am-12:00pm)

CODE	DAYS	TIME	DATES	FEE
141100a	M-F	9:00am-12:00pm	6/20-7/1	\$215
141100b	M-F	9:00am-12:00pm	7/5-7/15	\$194*
141100c	M-F	9:00am-12:00pm	7/18-7/29	\$215
141100d	M-F	9:00am-12:00pm	8/1-8/12	\$215

# **Kids Mini Camp**

(Ages 5-6) Children ENTERING KINDERGARTEN or FIRST GRADE will participate in a recreational half-day camp program that includes indoor and outdoor swimming, art projects, songs, structured indoor and outdoor games, playground time, and hikes. Bring a snack, drink, and full water bottle to camp each day. Wear a swimsuit and bring a towel on swim days. Registration fee includes 2 camp T-shirts to be worn daily; additional T-shirts may be purchased. Camp fee includes two trips to AV Symington Aquatic Center. No camp 7/4. 10, 4-hour days/\*9, 4-hour days.

Kids Mini Camp Non-Refundable Registration Fee (Prerequisite for camp sessions)

CODE	DAYS	TIME	DATES	FEE
140200a	M-F	9:00am-1:00pm	6/20-8/12	\$30

#### **CAMP SESSIONS**

CODE	DAYS	TIME	DATES	FEE
140203a	M-F	9:00am-1:00pm	6/20-7/1	\$245
140203b	M-F	9:00am-1:00pm	7/5-7/15	\$221*
140203c	M-F	9:00am-1:00pm	7/18-7/29	\$245
140203d	M-F	9:00am-1:00pm	8/1-8/12	\$245

Kids Day Camp (Ages 5-6) Children ENTERING KINDERGARTEN or FIRST GRADE will participate in a recreational camp program that includes daily indoor swimming, art projects, songs, structured indoor and outdoor games, nature activities, and more. Children should bring two snacks, bag lunch, drinks, a full water bottle, swimsuit and towel each day. Registration fee includes 2 camp T-shirts to be worn daily; additional T-shirts may be purchased. The camp fee includes three trips; two trips to AV Symington Aquatic Center plus one other field trip each session. No camp 7/4. 10, 7-hour days/ \*9, 7-hour days.

Kids Camp Non-Refundable Registration Fee (Prerequisite for camp sessions)

DAYS TIME CODE **DATES** FEE 140210a M-F 9:00am-4:00pm 6/20-8/12 \$30

### **CAMP SESSIONS**

CODE	DAYS	TIME	DATES	FEE
140209a	M-F	9:00am-4:00pm	6/20-7/1	\$329
140209b	M-F	9:00am-4:00pm	7/5-7/15	\$296*
140209c	M-F	9:00am-4:00pm	7/18-7/29	\$329
140209d	M-F	9:00am-4:00pm	8/1-8/12	\$329

#### ~ CAMP REFUND POLICY~

The registration fee is non-refundable if a camp space is obtained. The registration fee will be refunded if a camper is placed on the waitlist and does not get into any camp session. To obtain a full refund for a camp session, a refund request must be submitted 14 calendar days prior to the day camp begins. A refund and/or credit requested less than 14 calendar days prior to the day camp begins, will incur a 50% penalty per camp session. After the start of the session and prior to the mid-point, refunds will be prorated. There will be no refunds or make-up days allowed for missed days of camp due to illness or vacation. There will be no refunds after the mid-point of the program for any reason. Full refunds will be issued if a camp program is cancelled. Field trips are non-refundable.

# **Ida Fun Camp**

(Ages 7-12) CAMPERS will participate in a recreational camp program that includes daily indoor swimming, art projects, songs, structured indoor and outdoor games, nature activities, and more. Bring two snacks, bag lunch, drinks, a full water bottle, swimsuit and towel each day. Registration fee includes 2 camp T-shirts to be worn daily; additional T-shirts may be purchased. The camp fee includes three trips; two trips to AV Symington Aquatic Center plus one other field trip each session. No camp 7/4. 10, 7-hour days/\*9, 7-hour days.

Ida Fun Camp Non-Refundable Registration Fee (Prerequisite for camp sessions)

CODE	DAYS	TIME	DATES	FEE
140214a	M-F	9:00am-4:00pm	6/20-8/12	\$30

#### **CAMP SESSIONS**

# **IDA FUN CAMP-**

## **CHILDREN ENTERING 2nd GRADE**

DAYS	TIME	DATES	FEE
M-F	9:00am-4:00pm	6/20-7/1	\$329
M-F	9:00am-4:00pm	7/5-7/15	\$296*
M-F	9:00am-4:00pm	7/18-7/29	\$329
M-F	9:00am-4:00pm	8/1-8/12	\$329
	M-F M-F M-F	M-F 9:00am-4:00pm M-F 9:00am-4:00pm M-F 9:00am-4:00pm	M-F 9:00am-4:00pm 6/20-7/1 M-F 9:00am-4:00pm 7/5-7/15 M-F 9:00am-4:00pm 7/18-7/29

# IDA FUN CAMP-

# **CHILDREN ENTERING 3rd & 4th GRADE**

DAYS	TIME	DATES	FEE
M-F	9:00am-4:00pm	6/20-7/1	\$329
M-F	9:00am-4:00pm	7/5-7/15	\$296*
M-F	9:00am-4:00pm	7/18-7/29	\$329
M-F	9:00am-4:00pm	8/1-8/12	\$329
	DAYS M-F M-F M-F	M-F 9:00am-4:00pm M-F 9:00am-4:00pm M-F 9:00am-4:00pm	M-F 9:00am-4:00pm 6/20-7/1 M-F 9:00am-4:00pm 7/5-7/15 M-F 9:00am-4:00pm 7/18-7/29

### IDA FUN CAMP-CHILDREN ENTERING 5th & 6th GRADE

CODE	DAYS	TIME	DATES	FEE
140213a	M-F	9:00am-4:00pm	6/20-7/1	\$329
140213b	M-F	9:00am-4:00pm	7/5-7/15	\$296*
140213c	M-F	9:00am-4:00pm	7/18-7/29	\$329
140213d	M-F	9:00am-4:00pm	8/1-8/12	\$329

# **Last Hurrah Camp**

(Ages 5-12) Campers will enjoy this one week camp session before they head back to school! They will swim each day, play indoor and outdoor games, and enjoy arts and crafts time. Bring a swimsuit, towel, bag lunch, drinks, and two snacks to camp each day. 5, 7-hour days.

(Children Entering Grades Kindergarten - 2nd)CODEDAYSTIMEDATESFEE140218aM-F9:00am-4:00pm8/15-8/19\$154

 CODE
 DAYS
 TIME
 DATES
 FEE

 140218b
 M-F
 9:00am-4:00pm
 8/15-8/19
 \$154

# **Last Hurrah Kamp Keepers**

(Ages 5-12) Pre or post camp care for children attending Last Hurrah Camp Week. Limited hours, drop-ins available for \$5.00 per hour.

CODE	DAYS	TIME	DATES	FEE
144204a	M-F	7:00am-9:00am	8/15-8/19	\$40
144204b	M-F	4:00pm-6:00pm	8/15-8/19	\$40

# **Teen Adventure Camp**

For Students Entering 7th, 8th and 9th Grade (Ages 12-14) Teens will venture to exciting destinations around the D.C., Virginia, West Virginia, and Maryland areas. They will travel to water parks, sporting events, and adventure sites (i.e., rafting, tubing, hiking, or laser tag). They will visit indoor locations such as skating rinks, the mall, and the movies. Campers will leave and return to Ida Lee Park Recreation Center most days in buses provided by Loudoun County Public Schools or the Ida Lee Park Van. Bring lunch, snacks, drinks, a water bottle, swimsuit and towel to camp each day. Registration fee includes 2 camp T-shirts to be worn daily; additional T-shirts may be purchased. No camp 7/4. 5, 7-hour days/\*4, 7-hour days.

Teen Adventure Camp Non-Refundable Registration Fee (Prerequisite for camp sessions)

CODE	DAYS	TIME	DATES	FEE
140217a	M-F	9:00am-4:00pm	6/20-8/12	\$30

#### CAMP SESSIONS

CODE	DAYS	TIME	DATES	FEE
140206a	M-F	9:00am-4:00pm	6/20-6/24	\$220
140206b	M-F	9:00am-4:00pm	6/27-7/1	\$220
140206c	T-F	9:00am-4:00pm	7/5-7/8	\$176*
140206d	M-F	9:00am-4:00pm	7/11-7/15	\$220
140206e	M-F	9:00am-4:00pm	7/18-7/22	\$220
140206f	M-F	9:00am-4:00pm	7/25-7/29	\$220
140206g	M-F	9:00am-4:00pm	8/1-8/5	\$220
140206h	M-F	9:00am-4:00pm	8/8-8/12	\$220

# **Kamp Keepers**

(Ages 5-14) Kamp Keepers is pre or post childcare for Kids, Ida Fun, and Teen Adventure campers. Campers will play indoor games and have some gym time under supervised care. No camp 7/4. 5, 2-hour days/\*4, 2-hour days.

#### **AM Kamp Keepers**

CODE	DAYS	TIME	DATES	FEE	
144200a	M-F	7:00am-9:00am	6/20-6/24	\$40	
144200b	M-F	7:00am-9:00am	6/27-7/1	\$40	
144200c	T-F	7:00am-9:00am	7/5-7/8	\$32*	
144200d	M-F	7:00am-9:00am	7/11-7/15	\$40	
144200e	M-F	7:00am-9:00am	7/18-7/22	\$40	
144200f	M-F	7:00am-9:00am	7/25-7/29	\$40	
144200g	M-F	7:00am-9:00am	8/1-8/5	\$40	
144200h	M-F	7:00am-9:00am	8/8-8/12	\$40	

# **PM KAMP KEEPERS**

CODE	DAYS	TIME	DATES	FEE
144202a	M-F	4:00pm-6:00pm	6/20-6/24	\$40
144202b	M-F	4:00pm-6:00pm	6/27-7/1	\$40
144202c	T-F	4:00pm-6:00pm	7/5-7/8	\$32*
144202d	M-F	4:00pm-6:00pm	7/11-7/15	\$40
144202e	M-F	4:00pm-6:00pm	7/18-7/22	\$40
144202f	M-F	4:00pm-6:00pm	7/25-7/29	\$40
144202g	M-F	4:00pm-6:00pm	8/1-8/5	\$40
144202h	M-F	4:00pm-6:00pm	8/8-8/12	\$40

# Kamp Keepers Drop-In

(Ages 5-14) Drop-in is a solution for those who only need early drop-off or late pick-up once in a while. Check at the front desk for availability for the morning or afternoon session that you need. Drop-in space availability is limited.

**Drop-in fee:** \$10 per session/payable at the front desk.

# visit the parks

# of Leesburg this Summer

### 1. Ida Lee Park

(138 Acres) *located at 60 Ida Lee Drive, N.W.* Recreation Center (indoor pools, gymnasium, fitness room, meeting rooms, racquetball courts, aerobic/dance, child-care, preschool, arts/crafts room, and social hall), soccer/lacrosse fields, concession/restrooms, 11-court tennis complex (4 indoor), outdoor aquatic center, playground, picnic shelter, community garden plots, tables, bandstand, and trails.

# 2. Rotary Park

(1 Acre) *located at 22 North Street, N.E.* Basketball court, playground, picnic tables, and benches.

#### 3. Brandon Park

(3 Acres) *located at 878 Harrison Street, S.E.*Open space, picnic tables, and handicapped accessible playground.

# 4. Raflo Park

(3 Acres) *located at 345 Harrison Street, S.E.*Picnic tables, gazebo, and W&OD Trail access.

# 5. Foxridge Park

(9 Acres) *located at 525 Catoctin Circle, S.W.* Picnic shelter, restroom, tables, youth softball/ soccer field, basketball court, playground, and W&OD Trail access.

### 6. Georgetown Park

(1/2 Acre) *located at 221 South King Street.*Picnic tables, benches, and W&OD Trail access.

#### 7. Catoctin SkatePark

(1/2 Acre) located at 141 Catoctin Circle, S.E. Half pipes, quarter pipes, rails, ramps, and fun boxes.

#### 8. Robinson Park

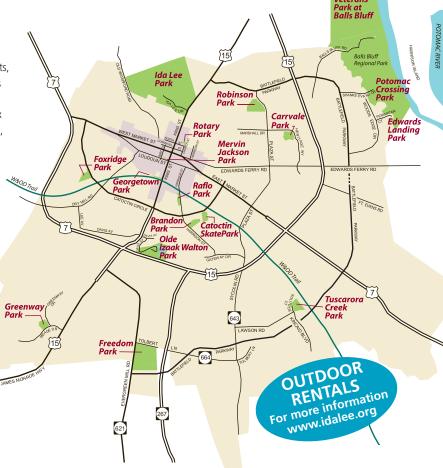
(10 Acres) *located at 345 Plaza Street, N.E.* Baseball field, multi-purpose field, and trail.

#### 9. Carrvale Park

(4 Acres) *located at 919 Marshall Street, N.E.* Open space.

# 10. Greenway Park

(4 Acres) *located at 103 Shade Tree Way, S.W.* Playground, basketball court, picnic tables, benches, and nature trail.



### 11. Tuscarora Creek Park

(29 Acres) *located at 425 Solitude Court, S.E.* Picnic shelter, tables, playground, and W&OD Trail access.

#### 12. Veterans Park at Balls Bluff

(86 Acres) located at 42314 Balls Bluff Road. Permanent access to be provided in the future. A master plan has been developed for proposed uses of the park.

#### 13. Olde Izaak Walton Park

(21 Acres) located at 850 Davis Court, S.E. The park, once owned by the Izaak Walton League, includes a 3 1/2 acre pond, stream, trails, dog park, and a 7,500 square foot building.

### 14. Freedom Park

(20 Acres) located at 101 Colonel Grenata Circle, S.E. Two baseball fields, two softball fields, a football/soccer field, a field house with concessions, and a 9/11 Memorial Garden.

# **15. Edwards Landing Park**

(32 Acres) *located at 901 Powhatan Court, N.E.* Picnic shelter, tables, nature trails, and Potomac Heritage Trail access.

### 16. Potomac Crossing Park

(8 Acres) *located at 508 Shanks Evans Road, N.E.* Picnic shelter, tables, playground, open space, and connecting trails.

#### 17. Mervin Jackson Park

(1/5 Acre) located adjacent to the Town Parking Garage on Loudoun Street, S.W. Open space, benches, tables, and garden areas.

# FOR MORE INFORMATION ABOUT THE PARKS OF LEESBURG CALL:

703.777.1368 or visit us on the web at www.idalee.org

AN HOUR, A DAY, OR A LITETIME!

Winner!

60 Ida Lee Dr., N.W. Leesburg, VA 20176

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**ECRWSS** 

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# **RESIDENTIAL CUSTOMER** LOCAL

You can view *Leesburg at Leisure* on-line at www.idalee.org

# 26TH ANNUAL INDEPENDENCE DAY CELEBRATION

# Celebrate Independence Day with your neighbors in Leesburg!

9:45am: American Original's Fife and Drum Corps, sponsored by Toth Financial kicks off the day at King and Market Streets

10:00am: Independence Day Parade through Historic Downtown Leesburg

- Parade begins at Ida Lee Park and travels down King Street to Fairfax Street
- Want to participate? Fill out a parade application at idalee.org

6:30pm: Blue Label takes the stage at Ida Lee Park covering today's hits. Delicious food vendors will be onsite too! (Gates open at 6pm)

